Dear Friends,

The Family Institute at Northwestern University is the premier provider of cutting-edge, family-oriented mental health services in the Chicago metropolitan area. Fiscal year 2007 represented many changes and accomplishments for The Family Institute. We updated our mission statement to reconfirm our commitment of reaching out to people who would normally never access our services. It now reads:

The mission of The Family Institute at Northwestern University is to strengthen and heal families from all walks of life through clinical service, community outreach, education and research.

2007 was an exciting year of growth and expansion for us.

• We expanded our downtown location with additional office space for clinical staff and our advancement/external relations team.

• A psychological assessment program was established, deepening our dedication to understanding children and adults in the context of their families.

• We saw yet another increase in cases and clients, and conducted 50,000 treatment sessions.

• Hours of service to children and families in underserved and under-resourced communities through our Community Outreach program increased as we expanded our services in the Logan Square, Bronzeville, Evanston and Cabrini Green neighborhoods.

Our research team continues to thrive. Thanks to a major gift from the A.C. Nielsen family, our STIC® (Systemic Therapy Inventory of Change) norming project is complete. These data will allow us to rapidly determine the unique problem areas with each case and to evaluate progress in those areas over the course of therapy. We continued research on anxiety, depression and marriage. The results of these studies will not only help us but the wider fields of family psychology and family therapy as well.

Education remains a core pillar of our mission. We are fortunate to teach some of the brightest therapists of tomorrow. In June 2007, we graduated 40 new therapists from our two Master’s programs with Northwestern University in Marital and Family Therapy and Counseling Psychology, and were honored to have Scott Turow speak at our Commencement.

We have started to systematically work toward our Board-approved strategic plan, looking to expand our reach throughout the world of psychotherapy, making The Family Institute the premier institution for the best family-oriented mental health care.

We again relied heavily on philanthropic support from our friends, alumni, foundations and corporations, allowing us to make significant progress toward our ambitious goals.

Thank you to the alumni for their ongoing support of The Family Institute. You carry forward into the profession our dedication to strengthen and heal families.

Thank you to our Board of Directors. Your support and encouragement move us to strive to be our best. Welcome to our new members. With your leadership, we look to the future and see nothing but endless possibilities. 2007 marked our strongest Board year yet.

Thank you to all our donors for your commitment to The Family Institute. We could not do our work without you.

Next year, The Family Institute turns 40. We are poised to celebrate this momentous occasion with all of our friends.

William M. Pinsof, PhD
President

Robert F. Lipman
Chair, Board of Directors
What we offer

Direct Mental Health Services
- Nationally-renowned Staff Practice
- Sliding-fee scale offers high-quality mental health care to all who need it
- Community Outreach brings high-quality mental health care to underserved, under-resourced neighborhoods

Graduate Education with Northwestern University
- Master of Arts in Counseling Psychology
- Master of Science in Marital and Family Therapy

Clinical Research
The Family Institute conducts important research in affiliation with Northwestern University that leads to a better understanding of mental health issues and improved treatments.

Postgraduate Fellowships
Clinical and research fellowships for mental health professionals who have completed Master’s or Doctoral degrees are conducted at The Family Institute.

Doctoral-Level Students & Psychiatry Residents
Clinical Training
The Family Institute is a training site for clinical psychology doctoral students studying at Northwestern University’s Department of Psychology and for psychiatry residents enrolled in Northwestern University’s Feinberg School of Medicine.

Continuing Education for Mental Health Professionals
The Family Institute offers continuing professional education annually through workshops, seminars, conferences and clinical consultation.

Who we are

Conducted 50,000 sessions
More than 9,000 hours of therapy through the Bette D. Harris Clinic
More than 7,000 hours of service to clients in underserved and under-resourced communities through our Community Outreach program
600 participants in our Community Outreach program
263 people attended our Circle of Knowledge events in FY2007
100% retention rate of clinical/community/education staff

Our alumni
We have 1,688 alumni from various programs, which include:
- PhD or MA in Counseling Psychology at Northwestern University
- MS in Marital and Family Therapy at Northwestern University
- Postgraduate Training at The Family Institute
- Postgraduate Fellowship at The Family Institute
- Clinical Practicum at The Family Institute
- Chemical Dependency Training at The Family Institute

Alumni are located not only throughout the U.S. but also across the world:
- Alumni in 40 states, including ME, VT, NH, MA, RI, CT, DE, NY, NJ, PA, MD, OH, VA, NC, SC, GA, TN, FL, LA, KY, SD, ND, KS, OK, MN, MO, IL, IA, IN, MI, WI, AZ, CO, TX, NM, CA, MT, NV, OR, WA
- International: Puerto Rico, Canada, Mexico, Africa, the West Indies, Italy, Greece

Northwestern University Affiliation
Through a unique affiliation, The Family Institute is integrally linked with one of the nation’s most prestigious institutions of higher learning, Northwestern University. This relationship permits The Family Institute to remain an independent, not-for-profit organization — with its own governance, programmatic and funding autonomy — while benefiting from the academic richness of a major research university. Under the partnership, The Family Institute operates the University’s Center for Applied Psychological and Family Studies in cooperation with Northwestern’s Graduate School and Office of Research. Graduate education and research activities at The Family Institute are conducted under the auspices of the Center. The affiliation also provides faculty appointments, through Northwestern’s Department of Psychology, for Family Institute staff members who teach in the two graduate programs.

What we believe
Our core values guide us as we extend our capacity to help greater numbers of people and an enormous diversity of families.

• The family is the singular most significant factor influencing human identity.
• Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.
• High-quality mental health care should be available to all who need it, regardless of their financial resources.
• The definition of “family” takes many forms, and is not limited by the boundaries of biology and marriage.

The Family Institute: A Mental Health Leader and Innovator
Since its founding in 1968, The Family Institute has been a pioneer in developing programs and services that embody its mission: To strengthen and heal families from all walks of life through clinical service, community outreach, education and research.

Class of 2007
40 graduates
18 in Master of Arts in Counseling Psychology
22 in Master of Science in Marital and Family Therapy
Website facts
160,310 sessions
424,903 pageviews
Professional settings vary, including community service centers, renowned teaching hospitals, major corporations and private practice.

Gender split:
- 50.8% female
- 49.2% male

Age ranges as follows:
- 14-70+ age group
- 172 - 40-50 age group
- 25 - 60-70 age group
- 95 - under 40

Creating a better understanding of mental health issues and improving treatments.

The Family Institute: 50 Years of Advancing Mental and Family Health
Clinical Service

Growth in Clinical Service occurred in both the clinic, where there was an increase of six student therapists over last year, and in the staff practice, where we added eight new clinicians, five affiliates and two new consulting psychiatrists.

Through an extensive Clinical Service marketing endeavor, we achieved a 12% increase in staff volume of cases and a 7% increase in clinic volume of cases over 2006, with a 45% increase among fellows and 30% for affiliates. In addition, intake (where all cases begin) handled an increased volume and met the challenge of conducting all intakes within 24 hours.

The Clinical Records Audit Task Force has completed implementation of the chart audit process and legal/clinical review of all clinical, chart and intake forms. Clinical Service also standardized and revised emergency on-call procedures while updating clinical policies and procedures.

Community Outreach

Launched in 1989, Community Outreach offers family-oriented psychotherapy to clients who face financial and geographic barriers to receiving services. Funded by gifts from foundations, businesses and individual donors, this program helps families use their strengths to cope with challenging life experiences, emotional and behavioral difficulties, as well as economic and social obstacles. In 2006, we provided more than 7,000 hours of service to more than 600 participants across our 13 community sites.

Community Outreach Sites

CHICAGO

 Jenner Academy of the Arts (Cabrini Green/West Town neighborhood)
 Walter Payton College Preparatory High School (Cabrini Green/West Town neighborhood)
 Evanston Elementary School (Logan Square neighborhood)*
 Monroe Elementary School (Logan Square neighborhood)*
 Beethoven Elementary School (Bronzeville neighborhood)

EVANSTON

Family Focus Our Place & Weisbrod-Holmes Center
Evanston Township High School
Chase Middle School
Haven Middle School
Kingsley Elementary School
Nichols Middle School
Oakton Elementary School
Latino Outreach at The Family Institute*

Education

One hundred and five students were involved in our two Master’s programs in FY2007, in addition to six post-graduate fellows, eight psychiatry residents and ten PhD candidates from Northwestern University's Clinical Psychology Program.

Master of Science in Marital and Family Therapy

The class of 2007 graduated with a 100% completion rate. Three graduates indicated their intentions to enter doctoral programs. One was accepted to Purdue’s MFT doctoral program and one was accepted into The Family Institute’s post-graduate fellow program.

Admissions

The incoming class of 2009 includes 22 new students and one returning from a leave of absence. Seventeen of these students are from out-of-state. Their qualifications are solid, with the mean GRE score a 1110 and the overall GPA a 3.5. They range in age from 22 to 50, with the median age 28.

Curriculum

The MSMFT curriculum was updated to include the addition of Community Programs and the first year Internship as credit unit bearing/tuition carrying (they were previously zero-credit).

Faculty

Timothy Dwyer, PhD, finished his first full academic year as the first McCormick Tribune Foundation Chair and new MSMFT Education Director, signaling the successful transition of leadership for the MFT program. In addition to Dr. Dwyer’s dedication to The Family Institute, he also serves on the Board of Directors for the American Association for Marriage and Family Therapy (AAMFT).

Master of Arts in Counseling Psychology

Class of 2007

The class of 2007 graduated with a 100% completion rate. Two graduates are currently in a doctoral program, one is in medical school and one is doing mission work in Africa. The rest of the graduates work at various clinical sites.

Admissions

The class of 2009 includes 23 students, 19 of which are from out-of-state, five are international students and one Native American. Eight of these students are entering their second careers.

Curriculum

All zero credit courses were converted to one credit. As a result of this conversion, the number of required credit units increased to 24, putting us in full compliance with Illinois and most state Counselor licensing statutes.

Psychiatric Residency

The Psychiatry Residents from Northwestern Medical School have completed three rotations with The Family Institute and saw clients in the downtown office.

Postgraduate Fellows

Our fellows increased in visibility around The Family Institute, in addition to deepening their sense of community in several ways.
Research

Our path-breaking STIC™ (Systemic Therapy Inventory of Change) research continued, which will allow us to track changes over the course of therapy. In addition, our data collection for the National Opinion Research Center at the University of Chicago (NORC) project was completed, giving us a set of national norms for the instrument. We have a total of over 1,300 NORC STIC’s.

In terms of the STIC™ clinical, we saw 155 new cases and a total of 2,278 intersessions. This is an increase from FY2006, where we saw 143 new cases and a total of 1,586 intersessions.

We have collaborated with The Family Institute at Pinole, Calif., as an additional data collection site for the STIC™. This organization primarily sees children and families, two populations we have struggled to get, filling an important void for the STIC™ project. Thus far, they have a total of 6 new cases and 14 intersessions.

We have furthered our STIC™ collaboration with Purdue University by creating a unique space on our website for their clients. This year, they have a total of over 1,300 NORC STIC®s.

Refinement/Projects/Papers Submitted

Our research group wrote 18 journal articles and seven book chapters during FY2007.

- Two members were published this year: Jay Lebow, PhD, wrote “Research for the Psychotherapist: From Science to Practice” and Rick Zinbarg, PhD, was first author on the new edition of “Therapist’s Guide for the Mastery of Your Anxiety and Worry Program.”

- The “Here’s the STIC™” paper, which will introduce the STIC™ to the psychotherapy research world, is complete and was submitted. The co-authors are: William Pinsos, PhD, Jay Lebow, PhD, Rick Zinbarg, PhD, Lynne Knobloch-Fedders, PhD, Anthony Chambers, PhD and Eli Karam, PhD.

- Anthony Chambers, PhD, submitted a manuscript titled, “Relationship functioning during the transition to fatherhood,” and is awaiting feedback from the journal.

Notes for Changes

- Anthony Chambers, PhD, completed his 2-year Morgan Clinical Research Postdoctoral Fellowship and was hired as a full-time staff member and Research Program Coordinator.

- Lynne Knobloch-Fedders, PhD, is the new Assistant Director of Research.

- Rick Zinbarg, PhD, became the new Director of Clinical Training for the Psychology Department, strengthening The Family Institute’s critical link with the Psychology Department.

- Danielle Black, PhD, joined us as the new Madigan Family Postdoctoral Fellow.

Niche Program

Assessment Services

Initiated in September 2006, the mission of the assessment program is to establish ongoing services in psychological and neuropsychological testing. Its purpose is to highlight how cognitive and neurological functioning affects learning, memory, behavior or mood, and to make recommendations to the therapist, individual and/or parents and school to aid in treatment or in learning.

Alumni

The Alumni Association promotes the intellectual enrichment and professional growth of The Family Institute alumni through educational and social services. We had quite a busy year, continuing existing programs and adding new ones.

Service to the Alumni

In April, we hosted our annual social networking event at BIN 36 in Chicago. More than 50 alumni, faculty and supervisors attended and had the chance to catch up with old friends and network with other alumni, while enjoying an evening of wine and cheese. We also held a raffle to raise money for the Alumni Scholarship Fund. The event raised almost 40% more than last year, and the winners walked away with some great prizes.

Service to the Students

We continued the Marital and Family Therapy and Counseling Psychology Alumni Mentor Programs, in which alumni offer their time and expertise to the students who are approaching graduation. Alumni connect with students as a guide for job searching, career paths and professional development.

In addition, the Alumni Association hosted a Career Guidance Night for Marital and Family Therapy graduate students to learn more about the various career tracks that are available to them. A variety of alumni shared their experiences at various stages in their careers.

Service to The Family Institute

The Alumni Association played a large role in raising money for scholarship funds. For the first time, The Family Institute participated in Bloomingdale’s annual Shopping Benefit event. Alumni assisted in the buying and selling of tickets for the event. The money raised was donated to the scholarship fund for deserving students pursuing a Master’s degree at The Family Institute.
The Family Institute at Northwestern University
Financial Statements for Fiscal Years 2007 & 2006

The Family Institute is audited annually by the independent certified public accounting firm of McGladrey & Pullen, LLP.
A copy of the audited financial statements is available upon request.

### Statement of Financial Position as of August 31

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<thead>
<tr>
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<th>2007</th>
<th>2006</th>
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<tbody>
<tr>
<td><strong>ASSETS</strong></td>
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<td>Cash and Cash Equivalents</td>
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<td><strong>LIABILITIES AND NET ASSETS</strong></td>
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<td>Liabilities</td>
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<td>Current Liabilities</td>
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<td>Net Assets</td>
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<td><strong>Total Liabilities and Net Assets</strong></td>
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<td>$13,307,363</td>
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### Statement of Activities for the Years Ended August 31

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<tr>
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<th>2007</th>
<th>2006</th>
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<tr>
<td><strong>SUPPORT AND REVENUES</strong></td>
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<td>Supporting Services</td>
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<td>Fundraising and Public Relations</td>
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<td><strong>Total Expenses</strong></td>
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<td>Unrealized Gain (Loss)</td>
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<td>Increase (Decrease) in Net Assets</td>
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<tr>
<td><strong>Net Assets at End of Year</strong></td>
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<td>$12,734,321</td>
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</tbody>
</table>

### Operating Revenue by Source (Cash Basis)

- **Fees and Contracts** $4,461,732  61.14%
- **Tuition** 1,483,763  20.33%
- **Gifts and Grants** 1,154,119  15.82%
- **Investments** 197,474  2.71%
- **Total** $7,297,088  100.00%

### Operating Expense by Use Fiscal Year 2007

- **Clinical Programs** $4,130,573  53.30%
- **Education** 1,998,203  25.79%
- **Research** 452,326  5.84%
- **Management** 688,057  8.88%
- **Fundraising/Communications** 480,030  6.19%
- **Total** $7,749,189  100.00%
Contributors

Thank you! The Family Institute thanks all of our donors for generously supporting our mission to strengthen and heal families.

Gifts and grants allow The Family Institute to provide mental health services to those with limited financial resources through our Community Outreach program and the Bette D. Harris Family and Child Clinic. Nearly one-third of all clinical care is provided free of charge or at reduced fees. Contributions also help support our specialized programs, scholarships, fellows and research projects.

We are pleased to recognize those donors who contributed $250 or more during fiscal year 2007 (September 1, 2006-August 31, 2007).

Every effort has been made to provide accurate information. If your name or gift has been listed incorrectly or inadvertently omitted, please contact the Advancement Department at 312-609-5300, ext. 484 so we may correctly acknowledge your support in the future.

$300,000 and greater
Harris Family Foundation
Joe and Pam Sankol
King and Caryn Harris
Katharine Harris
John and Stephanie Harris
Bill and Linda Friend

$100,000-299,999
The Crown Family
The Robert and Caryn Glickman Foundation
McCormick Tribune Foundation
Mr. Arthur C. Nielsen, Jr.

$50,000-99,999
Avie and Ida Crown Memorial
The Kevler Family
The Burton D. Morgan Foundation
Polk Bros. Foundation

$25,000-49,999
Mrs. Irving Harris/The Irving Harris Foundation
Lloyd A. Fry Foundation
Holly and John Madigan/ Madigan Family Foundation
Richard Seidel

$10,000-24,999
Anonymous Individual
Adele S. Andrew Foundation
Mr. and Mrs. T. Stanton Armour
Karen and Ronald Keflavik
Ms. Renée Logan
Michael Reese Health Trust
Mrs. Jane Petit-Moore and Mr. Jean Louis Petit
Mr. and Mrs. Leslie S. Powolf/ Sipi Metals Corp.
W.P. & H.B. White Foundation

$5,000-9,999
Leonor Blum, PhD
Buse McLeod Foundation For Family Enhancement
Circle of Service Foundation
Dr. Scholl Foundation
Mrs. William and Letitia Ellis
Francis Beidler Foundation
Howard and Carol Bernick Family Foundation
Ms. Holly Hunt
Iris Newman, PhD
Patrick and Anna M. Cadafalch Fund
Mr. and Mrs. Patrick G. Ryan/ Patrick G. and Shirley W. Ryan Foundation
Tina and Buzz Ruttenberg/ The Ruttenberg Charitable Foundation
Richard and Carla Seidel

$1,000-4,999
Anonymous Individual
Gail, Robert, and John Warren
Mr. James R. Anixter/James R. & Lesley B. Anixter Family Foundation
Mrs. Roger Eklund/Geraldi Norton Memorial
Ms. Joan Elisberg Mandel and Mr. Richard Mandel
Marina Eovaldi, PhD
Dan J. Epstein
James H. Feldman/Jenner & Block LLP
Elliot and Frances Lehman/ Frances and Elliot Lehman Fund
Sandie and Lex Glick
Mary Gower

Kathleen Grady and Victor Grimm
Suzy Thompson and Julie Campbell/ Harold F. & Suzanne D. Falk Foundation
Paula and David Harris
Mr. and Mrs. Ernest Lannutti/ United Way of Metropolitan Chicago
Mr. Ted Judson and Ms. Ellen Morris
Dr. Colman and Julie Krass
Mr. and Mrs. Frederick A. Krebblit
Mr. Robert F. Lipman
Mr. Francis Little
Margaret and Paul Lurie
Ashley and Matthew McCall/McCall Family Foundation
Mental Health Addiction & Retardation Organizations of America
Navistar
Michael and Sheila Newman
Dr. and Mrs. Arthur C. Nielsen III
Ms. Pamela Phillips Weston and Mr. Roger Weston
Christ Ramey and Larry La Boda
Mr. and Mrs. James T. Reid
Cynthia Reuschke
Linda Rubiniwitz, PhD
Ms. Carol Ryan/The Ryan Foundation
Sacks Family Foundation
Mr. and Mrs. Jeff Schneider
Rev. Shaw
Alexandra H. Solomon, PhD, LCP
Mr. and Mrs. James Star
Dr. and Mrs. Louis Stern
Mrs. Andrew Valentine
Dr. Jesse Viner
Gail and John Ward
David M. and Mary Ann Barrus Wark/ MADA Charitable Lead Trust
Mrs. Irving Wein/Wein Family Foundation
Mr. and Mrs. Jeffrey Wellek/Elizabeth and Jeffrey Wellek Philanthropic Fund
Mrs. Debbie E. Youderian
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<thead>
<tr>
<th>Amount</th>
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<tr>
<td>$250-499</td>
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Selected Presentations, Publications and Media Mentions*

Selected presentations


Chambers, A. & Lebow, J. (June 2007). Measuring early change in treatment of family, couple, and individual therapy with the STIC.® Society for Psychotherapy Research Conference, Madison, WI.


Knobloch-Fedders, L. (June 2007). The application of interpersonal theory to conjoint therapy. Society for Psychotherapy Research Annual Meeting, Madison, WI.


Pinsof, W.M. (March 2007) Integrative problem centered therapy for couples. Institute for Psychoanalysis, Chicago, IL.


Pinsof, W.M. (October 2006). Nature versus nurture: Do parents make a difference? Circle of Knowledge lecture, Chicago, IL.


Richardson, R. (October 2006). The psychological impact on love and relationships. WomanCare Conference, Disorder of Love, Chicago, IL.


Rosen, A. & Knobloch-Fedders, L. (June 2007). Depression and relationship distress in couples: Associations with interpersonal behavior at pretreatment. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Saigal, S., Shafir, D., Knobloch-Fedders, L., & Durbin, E. (June 2007). Therapeutic alliance as a predictor of treatment outcome in couple therapy. Society for Psychotherapy Research Annual Meeting, Madison, WI.


Selected paper presentations and symposiums


Selected publications
The following papers have either been accepted for publication, are in press or have been published.


Rampage, C., Chambers, A., & Lebow, J. (accepted for publication). Assessing the association between interpersonal behavior, relationship distress, and depression in couples. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Pinsof, W.M. (June 2007). Tracking change in family, couple and individual therapy with the STIC.® Panelist: New Developments in effectiveness research and empirically-based psychotherapy management. Society for Psychotherapy Research Annual Meeting, Madison, WI.


*This is a selection of presentations, publications and media mentions conducted throughout FY07. For a complete list, please contact the Advancement Department at 312-609-5300.
Selected Media Mentions

CHICAGO SUN-TIMES

CHICAGO TRIBUNE

CRAIN’S CHICAGO BUSINESS

INTERNATIONAL HERALD TRIBUNE

MEN’S HEALTH MAGAZINE

NBC NEWS

NBC NIGHTLY NEWS

NEW YORK TIMES
Lebow, J. “Can this marriage be saved?” August 2007.
McAdams, D. “This is your life (and how you tell it).” May 2007.
Pinsof, W.M. “Getting involved: To the barricades, oldsters of the republic.” April 2007.

PIONEER PRESS
Kinsman, J. “Slow down and enjoy the holidays.” November 2006.
“Empty nesters: The later years.” October 2006.

RED EYE (CHICAGO TRIBUNE)
Lebow, J. “Marriage by the numbers.” December 2006.
Solomon, A. “Don’t let family frazzle you over the holidays.” December 2006.

WVON – JESSE JACKSON SHOW

WVON – SANTITA JACKSON SHOW
“Is it ever OK to spy on your significant other?” March 2007.
Hertherington, J. “Marrying the right person for you, matchmaking and conflict in marriage.” November 2006.
“Healthy relationships from the male point of view.” July 2007.

RESEARCH UNIVERSITY OF CHICAGO

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Unwedded bliss.” December 2006.
Hertherington, J. “Marrying the right person for you, matchmaking and conflict in marriage.” November 2006.
“Healthy relationships from the male point of view.” July 2007.
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This report, published in the fall of 2008, covers financial activities of The Family Institute during its fiscal year 2007 (September 1, 2006-August 31, 2007).

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To join the mailing list ... To join the mailing list and receive updates and further information on events and happenings at The Family Institute, please contact Katie Schechter, Grants & Fundraising Coordinator, at kschechter@family-institute.org.

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Licensure and Certification Key

| ABPP | Diplomate, American Board of Professional Psychology |
| ACSSW | Academy Certified Social Workers |
| ATR-BC | Art Therapy Registration, Board Certified |
| CADC | Certified Alcohol and Drug Counselor |
| CSADC | Certified Supervisor Alcohol and Other Drug Abuse Counselor |
| EdM | Master in Education |
| JD | Juris Doctor |
| LCPC | Licensed Clinical Professional Counselor |
| LCSW | Licensed Clinical Social Worker |
| LMFT | Licensed Marriage and Family Therapist |
| LSW | Licensed Social Worker |
| MBA | Master of Business Administration |
| MM | Master of Management |
| MEd | Master of Science in Education |
| MSSA | Master of Science in Social Administration |
| MSW | Master of Social Work |
| MSMFT | Master of Science in Marital and Family Therapy |
| PsyD | Doctoral degree in Psychology |
The Family Institute at Northwestern University, founded in 1968, is the premier organization dedicated to couple and family therapy, community outreach, education and research. In addition to our community sites, we have four staff practice locations, including Evanston, Chicago, LaGrange Park and Northbrook. For more information on our staff practice, please call 847-733-4300 or visit our website at www.family-institute.org.

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