knowledge and caring families count on
WHAT WE BELIEVE
Our core values guide us as we extend our capacity to help greater numbers of people and an enormous diversity of families.

• The family is the singular most significant factor influencing human identity.
• Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues, but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.
• Quality mental health care should be available to all who need it, regardless of their financial resources.
• The definition of “family” takes many forms, and is not limited by the boundaries of biology and marriage.

WHAT WE OFFER
DIRECT MENTAL HEALTH SERVICES
• Nationally-renowned Staff Practice
• Sliding-fee scale offers high-quality mental health care to all who need it
• Community Outreach brings high-quality mental health care to underserved, under-resourced neighborhoods

GRADUATE EDUCATION WITH NORTHWESTERN UNIVERSITY
• Master of Arts in Counseling Psychology
• Master of Science in Marital and Family Therapy

CLINICAL RESEARCH
The Family Institute conducts important research in affiliation with Northwestern University that leads to a better understanding of mental health issues and improved treatments.

POSTGRADUATE FELLOWSHIPS
Conducted through clinical and research fellowships for mental health professionals who have completed Master’s or Doctoral degrees.

DOCTORAL-LEAD STUDENTS & PSYCHIATRY RESIDENTS CLINICAL TRAINING
The Family Institute is a training site for clinical psychology doctoral students studying at Northwestern University’s Department of Psychology and for psychiatry residents enrolled in Northwestern University’s Feinberg School of Medicine.

CONTINUING EDUCATION FOR MENTAL HEALTH PROFESSIONALS
The Family Institute offers continuing professional education annually through workshops, seminars, conferences and clinical consultation.

WHO WE ARE
Conducted over 58,000 sessions
More than 15,000 hours of therapy through the Bette D. Harris Clinic
Over 3,000 hours of service to clients in under-served and under-resourced communities through our Community Outreach program

212 participants in our Community Outreach program
4 primary sites
9 community sites
23 people in administration
5 people in institutional advancement

47 staff practice clinicians
32 affiliate clinicians
3 psychiatrists
6 fellows
11 clinicians in Community Outreach

CLASS OF 2009
53 graduates
31 in Master of Arts in Counseling Psychology
22 in Master of Science in Marital and Family Therapy

CIRCLE OF KNOWLEDGE
466 people attended our events
211 attendees were new
Greetings!

Dedication to the mission of strengthening and healing families has been the hallmark of The Family Institute for over 40 years. Maintaining our strength and resilience through the recession presented many challenges in fiscal year 2009. But with our wonderful and committed staff, we met the challenges head on and helped the greatest number of people in our history.

This report highlights our progress during fiscal year 2009.

• We conducted over 58,000 therapy sessions to over 6,000 clients. Fifteen thousand of these sessions were offered on a sliding-fee scale through our Bette D. Harris Family and Child Clinic.
• Fifty-three students graduated from our two Master’s programs.
• Our Northbrook office experienced steady growth, confirming our decision to expand there.
• Over 200 new attendees joined us at our Circle of Knowledge events.
• Our staff presented their research at national and international conferences and published widely in books and journals.
• In collaboration with the University of Oslo, we began a research project with a consortium of mental health and family service centers in Norway.

Our donors, friends, alumni and Board challenge us to be the best. And this is our goal for fiscal year 2010 – to be the best. We pledge all of our efforts towards the goal of our mission – strengthening and healing families through clinical service, community outreach, professional education and research.

Thank you for your continued support of The Family Institute. Through your generosity, the doors of the Institute are open to thousands of people from all walks of life who seek our help. We are grateful for your partnership in our mission.

We look to the year ahead with optimism and confidence.

William M. Pinsof, PhD
President

James H. Feldman
Chair, Board of Directors

BOARD OF DIRECTORS

James H. Feldman, Chair
Susan Kennedy-Riechers, Vice Chair
Michael Anthony
Leslie M. Barker
Raymond E. Bayley
Barbara Buenger
Dan J. Epstein
Michael Frank
Esther R. Franklin

Dorothy Gardner
John Glier
Eugene Golub
Victor E. Grimm
Paula Harris
Adam J. Heckman
Ernest Iannotta
Edward O. Laumann
Robert F. Lipman
Paul M. Lurie
Holly Madigan

Joan Elisberg Mandel
Ashley F. T. McCall
Celia Meza
William M. Pinsof
Viviana E. Ploper
Michele Rogers
Horace E. Smith, II
Pamela Szokol
Marjorie Parks Valentine
John L. Ward

LIFE TRUSTEES

Jean R. Armour
A. Steven Crown
Nancy C. Crown
William C. Ellis
Betty Epstein
Mary Gower
E. Franklin Hirsch
Clinical Service

The Bette D. Harris Family and Child Clinic continued to grow again in FY09, providing 20,885 units of service, an 11% increase over FY08. The Clinic continues to be highly sought as a training setting, drawing not only Marital and Family Therapy students but also attracting Counseling Psychology students to do their graduate work while at The Family Institute. In addition, the Psychology Department clinical program at Northwestern University has made the Institute clinic its primary training site.

Our Millennium Park expansion proved positive as we are near capacity for space utilization. In addition, our Northbrook office, opened in February 2008, continues to grow and thrive.

Education

More than 100 students were enrolled in our two Master’s programs in FY09. Commencement was highlighted with Illinois Senator Christine Radogno, a graduate of The Family Institute’s two-year training program, who spoke to the graduates about using the skills they learned in all aspects of their lives and to particularly think about public service.

MASTER OF SCIENCE IN MARITAL AND FAMILY THERAPY PROGRAM

CLASS OF 2009

The Master of Science in Marital and Family Therapy program (MFT) graduated 22 students, seven of whom went on to doctorate programs, two entered The Family Institute fellowship program and 10 sought employment.

ADMISSIONS

Despite the troubled economy, MFT was highly successful with recruitment for the class of 2011, with 26 students matriculating, making this the largest (and most diverse) class ever. Their mean GRE score is 1102 and overall GPA is 3.69. There are 21 females and five males. Their mean age is 24.

STAFFING

MFT staffing underwent significant changes in FY09 with Timothy Dwyer, PhD, announcing his resignation and Douglas Breunlin, MSSA, LCSW, LMFT, taking on the role of the McCormick Tribune Foundation Chair in Marriage and Family Therapy and Director of the Master of Science in Marital and Family Therapy program.

MASTER OF ARTS IN COUNSELING PSYCHOLOGY PROGRAM

CLASS OF 2009

The Counseling Psychology program (CPSY) graduated 31 students, six of whom went on to Doctoral programs. Because of the strong practitioner orientation of the program, the remaining 25 sought clinically-oriented jobs in outpatient mental health clinics, group practices, intensive outpatient facilities, residential facilities, hospitals and government agencies.

ADMISSIONS

Twenty-three students matriculated to comprise the class of 2011, with 16 in the Standard Curriculum and seven in the Two Plus Curriculum. The mean GRE for the class is 1118. There are 30 females and three males. Their age range is 21-42.

STAFFING

Lenore S. Blum, PhD, retired after more than 30 years as director of the program. Ava Carn-Watkins graciously stepped in as Interim Program Director.

INTERESTING TIDBIT

CPSY applied for and received two grants during FY09. Three thousand dollars was awarded from the NU Alumnae Association to be used for a “Lunch and Learn,” where experts present each quarter on a topic of clinical importance. The Graduate School Professional Development Grant helped to fund the CPSY “Careers Night,” which serves as a program educational event and networking opportunity for CPSY students.

Community Outreach

The Community Outreach program used FY09 to better deal with the challenges facing community programs. The Community Outreach Strategic Taskforce (COST) was created to assess the program, identify ways to build program capacity and effectiveness, and provide recommendations for program enhancement.

Eight program principles were defined, dictating that the program should be school-based, family-centered, ecologically focused and comprehensive, empirically-informed, need-based, sustainable, culturally relevant, and useful for clinical training.

These eight program principles informed the service delivery model, which will focus on prevention, early intervention and treatment to communities that have been identified through a needs assessment. Guided by these principles, the program will be manualized to ensure program fidelity.

In FY09, the program:

• Offered services at 9 locations
• Provided 3,281 hours of mental health services to 212 participants
• Trained 23 Family Institute graduate students in community mental health care
Research

In FY09, the Research Department continued its work executing four major research programs: the Psychotherapy Change Project (William Pinsof, Principal Investigator), Enhancing Treatment for Generalized Anxiety Disorder (Richard Zinbarg, Principal Investigator), Family Environment, Child Temperament and Risk for Depression (Emily Durbin, Principal Investigator), and Interpersonal Context of Depression and Anxiety in Couples (Lyne Knobloch-Fedders, Principal Investigator). All four major projects continued collecting new data, analyzing study results, and publishing their work in major research journals, as well as presenting their work to other scholars at national and international conferences. We initiated expansion of the Psychotherapy Change Project to include collaboration with the University of Oslo and a consortium of mental health and family service centers in Norway through the use of the STIC® (Systemic Therapy Inventory of Change®), our system for tracking client change over the course of therapy.

The Research Department has also been very active training the new generation of scholars at the undergraduate, graduate and post-graduate level. In addition to the nine undergraduates who participated in the summer research internship for advanced undergraduates, the research faculty mentored over 55 undergraduate and six graduate student research assistants in their work on the four major projects.

The research team was very productive in the area of publications during the year. The eight members of the research team published (or have in press) 24 journal articles, 27 book chapters, and three authored or edited books.

The Alumni Association serves all alumni who have graduated from or have a certificate from The Family Institute’s professional training/education programs, including those conducted at The Family Institute of Chicago, the Center for Family Studies (Northwestern Memorial Hospital), School of Education & Social Policy’s Counseling Psychology PhD or MA program (Northwestern University), and the Center for Applied Psychological and Family Studies (Northwestern University).

The Alumni Association strives to foster lifelong relationships between The Family Institute and its alumni. The Association promotes a spirit of loyalty and camaraderie among graduates, students and friends, while encouraging alumni to maintain involvement in activities of the Institute and to support the Institute’s work through financial and volunteer contributions.

This past year, the Alumni Association focused its efforts on being a resource for current students, alumni and the Institute itself.

SERVICE TO THE STUDENTS

The Alumni Association connects with The Family Institute’s graduate programs by providing mentoring, advocacy and promoting continued involvement with the Institute and the Alumni Association.

The Student Transitions Committee of the Alumni Advisory Board planned a back-to-school kick-off for Counseling Psychology and Marital and Family Therapy students. The event welcomed new first-year students and gave everyone the chance to get to know each other.

Career Guidance Night for Marital and Family Therapy students was held in March 2009. Alumni panelists shared their professional experiences and answered students’ questions about their various career paths.

SERVICE TO THE FAMILY INSTITUTE

The Alumni Association supports the mission and activities of the Institute and fosters a culture of financial support among the alumni.

The Alumni Association extended its reach as ambassadors for The Family Institute this year. The Public Affairs Committee of the Alumni Advisory Board organized contact lists to help get the word out about various news and events, helping to strengthen the connection between The Family Institute and its alumni.

SERVICE TO THE ALUMNI

The Alumni Association provides professional development, networking and social events, and advocacy for The Family Institute’s alumni base.

In April, the Alumni Association hosted its annual spring social at The Tasting Room in Chicago. This year’s reunion was even more special because alumni, faculty, staff and supervisors gathered to celebrate The Family Institute’s 40th anniversary.

The Alumni Association also launched a new, re-designed website, with a secure section for alumni to access news, photos and the online practice directory.

ALUMNI ADVISORY BOARD

Janice Witzel, Chair
Heather Bates, LMFT
Leah Brennan, LMFT
Jean Firestone, JD, MA, LCP
Gary Friend, LPC
Anita Hurtig, PhD, In Memorium
Nancy Jensen, PhD
Jayne Kinsman, LMFT
David Klow, LMFT

Ashley Lawrence, MA
Tina Lee, MSMFT
Leigh Rocklin, MA
Anna Thro, MSMFT
Maryanne Williams, PsyD
Debbie Youderian, LMFT
Suzanne Puntillo, Director of Development

(Additional alumni names mentioned in the context of their roles and responsibilities.)
The Family Institute at Northwestern University
Financial Statements for Fiscal Years 2009 & 2008

The Family Institute is audited annually by the independent certified public accounting firm of McGladrey & Pullen, LLP. Copies of the audited financial statements are available upon request.

<table>
<thead>
<tr>
<th>Statement of Financial Position as of August 31</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
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</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$193,051</td>
<td>$119,184</td>
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<tr>
<td>Accounts Receivable and Prepaid Expenses</td>
<td>335,316</td>
<td>299,579</td>
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<td>Investments (at market)</td>
<td>7,314,665</td>
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<td>Other Assets</td>
<td>16,119</td>
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<td>Pledges Receivable</td>
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<td>Property and Equipment, Net</td>
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<td>3,707,279</td>
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<td><strong>Total Assets</strong></td>
<td>$12,303,907</td>
<td>$13,938,139</td>
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<td><strong>LIABILITIES AND NET ASSETS</strong></td>
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<tr>
<td><strong>Liabilities</strong></td>
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<td>Current Liabilities</td>
<td>$730,912</td>
<td>$744,478</td>
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<td><strong>Total Liabilities</strong></td>
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<td><strong>Net Assets</strong></td>
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<td>Unrestricted</td>
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<td>Temporarily Restricted</td>
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<td>1,587,281</td>
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<td>Permanently Restricted</td>
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<td>6,921,869</td>
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<td><strong>Total Net Assets</strong></td>
<td>$11,572,995</td>
<td>$13,193,661</td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$12,303,907</td>
<td>$13,938,139</td>
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<table>
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<tr>
<th>Statement of Activities for the Years Ended August 31</th>
<th>2009</th>
<th>2008</th>
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<tr>
<td><strong>SUPPORT AND REVENUES</strong></td>
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<tr>
<td>Contributions</td>
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<td>Program Services</td>
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<td>Investment Income</td>
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<td>265,030</td>
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<td><strong>Total Support and Revenues</strong></td>
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<td>$8,575,799</td>
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<tr>
<td><strong>EXPENSES</strong></td>
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<tr>
<td><strong>Program</strong></td>
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<tr>
<td>Education</td>
<td>$2,130,653</td>
<td>$1,942,490</td>
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<tr>
<td>Clinical Services</td>
<td>4,968,391</td>
<td>4,730,181</td>
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<tr>
<td>Research</td>
<td>668,050</td>
<td>475,415</td>
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<tr>
<td><strong>Total Program Expenses</strong></td>
<td>$7,767,046</td>
<td>$7,148,086</td>
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<td><strong>Supporting Services</strong></td>
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<tr>
<td>Management and General</td>
<td>$531,630</td>
<td>$578,538</td>
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<tr>
<td>Fundraising and Public Relations</td>
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<td>688,392</td>
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<tr>
<td><strong>Total Supporting Services Expenses</strong></td>
<td>$1,139,416</td>
<td>$1,266,930</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$8,906,510</td>
<td>$8,415,016</td>
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<tr>
<td>Increase (Decrease) in net assets before nonbudgetary items</td>
<td>(30,276)</td>
<td>160,783</td>
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<tr>
<td>Unrealized (Loss) from investments</td>
<td>(1,590,390)</td>
<td>(313,570)</td>
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<tr>
<td>Increase (Decrease) in Net Assets</td>
<td>(1,620,666)</td>
<td>(152,787)</td>
</tr>
<tr>
<td>Net Assets at Beginning of Year</td>
<td>13,193,661</td>
<td>13,346,448</td>
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<tr>
<td>Net Assets at End of Year</td>
<td>$11,572,995</td>
<td>$13,193,661</td>
</tr>
</tbody>
</table>

Fiscal Year 2009 covers September 1, 2008-August 31, 2009
Fiscal Year 2008 covers September 1, 2007-August 31, 2008
Operating Revenue by Source (Cash Basis) Fiscal Year 2009

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fees and Contracts</td>
<td>$5,625,340</td>
<td>64.09%</td>
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<tr>
<td>Tuition</td>
<td>$2,002,959</td>
<td>22.82%</td>
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<tr>
<td>Gifts and Grants</td>
<td>$879,053</td>
<td>10.01%</td>
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<tr>
<td>Investments</td>
<td>$270,497</td>
<td>3.08%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$8,777,849</strong></td>
<td><strong>100.00%</strong></td>
</tr>
</tbody>
</table>

Operating Expense by Use Fiscal Year 2009

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Programs</td>
<td>$4,968,391</td>
<td>55.78%</td>
</tr>
<tr>
<td>Education</td>
<td>$2,130,653</td>
<td>23.92%</td>
</tr>
<tr>
<td>Research</td>
<td>$668,050</td>
<td>7.5%</td>
</tr>
<tr>
<td>Management</td>
<td>$531,630</td>
<td>5.97%</td>
</tr>
<tr>
<td>Fundraising/Communications</td>
<td>$607,786</td>
<td>6.8%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$8,906,510</strong></td>
<td><strong>100.00%</strong></td>
</tr>
</tbody>
</table>
**Thank you!** The Family Institute thanks all of our donors for generously supporting our mission to strengthen and heal families.

*Fiscal Year 2009 Donors (Gifts received September 1, 2008-August 31, 2009)*

<table>
<thead>
<tr>
<th>$300,000 and above</th>
<th>$10,000-24,999</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Harris Family Foundation</td>
<td>Anonymous (3)</td>
</tr>
<tr>
<td>Dr. and Mrs. Joseph Szokol</td>
<td>Aileen S. Andrew Foundation</td>
</tr>
<tr>
<td>Ms. Kathy Harris</td>
<td>Mrs. T. Stanton Armour</td>
</tr>
<tr>
<td>Dr. and Mrs. Ronald Paul and Family</td>
<td>Dr. Scholl Foundation</td>
</tr>
<tr>
<td>Mr. and Mrs. King Harris</td>
<td>Mr. John Glier</td>
</tr>
<tr>
<td>Mr. and Mrs. William Friend</td>
<td>Karen and Ron Krefman</td>
</tr>
<tr>
<td>Mr. and Mrs. John Harris</td>
<td>Ms. René Logan</td>
</tr>
<tr>
<td>Mr. and Mrs. Scott Friend</td>
<td>Mr. Richard Seidel</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>$100,000-299,999</th>
<th>$5,000-9,999</th>
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<tbody>
<tr>
<td>Anonymous</td>
<td>Anonymous</td>
</tr>
<tr>
<td>Susan Crown and William Kunkler</td>
<td>Dan J. Epstein</td>
</tr>
<tr>
<td>Golub Family Foundation</td>
<td>Ms. Jean Firestone</td>
</tr>
<tr>
<td>Eugene and Hanna Golub and Family</td>
<td>Francis Beidler Foundation</td>
</tr>
<tr>
<td>Lee and Sandy Golub and Family</td>
<td>Laurie and Cary Glenner</td>
</tr>
<tr>
<td>David and Paula Harris and Family</td>
<td>Eugene and Hanna Golub</td>
</tr>
<tr>
<td>Michael and Sheila Newman</td>
<td>Mr. and Mrs. Ernest Iannotta</td>
</tr>
<tr>
<td>and Family</td>
<td>Ms. Karen Manilow Cole</td>
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<table>
<thead>
<tr>
<th>$50,000-99,999</th>
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<tbody>
<tr>
<td>Mr. and Mrs. Michael Frank</td>
<td>Anonymous</td>
</tr>
<tr>
<td>The Margaret Clark Morgan Foundation</td>
<td>Mr. Jeff Aeder and Ms. Jennifer Levine</td>
</tr>
<tr>
<td>Mr. Arthur C. Nielsen, Jr.</td>
<td>Alumnae of Northwestern University</td>
</tr>
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<thead>
<tr>
<th>$25,000-49,999</th>
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<tbody>
<tr>
<td>Randy and Melvin Berlin</td>
<td>Mr. and Mrs. Nicholas M. Campbell</td>
</tr>
<tr>
<td>The Crown Family</td>
<td>Mr. and Mrs. Stefan Edlis</td>
</tr>
<tr>
<td>The Irving Harris Foundation</td>
<td>Mrs. Roger Eklund</td>
</tr>
<tr>
<td>The Kovler Family</td>
<td>Ms. Joan Elisberg Mandel and</td>
</tr>
<tr>
<td>Mr. and Mrs. Kenneth Lehman</td>
<td>Mr. Richard Mandel</td>
</tr>
<tr>
<td>Lloyd A. Fry Foundation</td>
<td>Drs. William and Letitia Ellis</td>
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<tr>
<td>Holly and John Madigan</td>
<td>James H. Feldman</td>
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<tr>
<td>Mr. and Mrs. Burton Kaplan</td>
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<tr>
<td>Ms. Benita Levy</td>
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<tr>
<td>Bob and Lynn Lipman</td>
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<tr>
<td>Margaret and Paul Lurie</td>
</tr>
<tr>
<td>Ashley and Matthew McCall</td>
</tr>
<tr>
<td>Pam and John McCambridge</td>
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<tr>
<td>Mr. and Mrs. Edgar D. Jannotta, Sr.</td>
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<tr>
<td>Jenner &amp; Block LLP</td>
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</table>
Mr. Ralph Muller  
Mr. and Mrs. Michael E. Murphy  
Navistar  
Patrick and Anna M. Cudahy Fund  
Ms. Jane Petit-Moore and Mr. Jean Louis Petit  
Mr. and Mrs. Leslie S. Pinsof  
Dr. and Mrs. Reginald Richardson  
Susan Kennedy-Riechers and Joel R. Riechers  
Michele and Steve Rogers  
The Rotter Family  
Ms. Carol Ryan  
Mr. and Mrs. Patrick G. Ryan  
Carla and Richard Seidel  
Bev Shaw  
Margaret Silberman, PhD  
Mr. and Mrs. Harold B. Smith  
Mr. and Mrs. James Star  
Mr. and Mrs. Michael Supera  
Suzy Thompson  
Mrs. Andrew Valentine  
Dr. and Mrs. Michael Vender  
Dr. Jesse Viner  
Gail and John Ward  
Mr. and Mrs. Richard Weinberg  
Mr. and Mrs. Jeffrey Wellek  
Wetherly Capital Group LLC  

$500-999  
Mr. and Mrs. Stephen W. Baird  
Evelyn Bergman  
Mr. Alex Bernhardt and Ms. Susan Wein  
John H. Bittner and Family  
Penny and Keith Block, MD  
Mr. and Mrs. Philip D. Block III  
Mr. and Mrs. Francis J. Bomher  
Mr. and Mrs. Edward Bowen  
Mr. Daniel Brennan  
Mr. and Mrs. Richard Cohen  
Dr. and Mrs. August Crivolio  
Solomon Cytrynbaum and Susan A. Lee  
Mr. and Mrs. Craig J. Duchossois  
Mr. and Mrs. Stephen J. Eisen  
Mr. and Mrs. Sidney Epstein  
Mr. and Mrs. Arthur Goldner  
Jean and Martin Goldsmith  
Ruth Guillaume  
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Selected Presentations, Publications and Media Mentions

Selected Presentations


Selected Publications


Selected Media Mentions


ABC-TV affiliates webcast Richardson, R. “Boomerang families.” July 2009.

Chicago Sun-Times Rubinowitz, L. “5 tips for parents sending a child off to college.” August 2009.

Chicago Tribune Richardson, R. “As economy continues to falter and jobs become scarce, more couples are stuck in commuter marriages.” March 2009.

Chicago Tribune Magazine Rubinowitz, L. and Hetherington, J. “All together now: Get the most out of your big fat extended-family vacation.” June 2009.

Detroit Free Press Knobloch-Fedders, L. “You can learn to roll with the recession’s punches.” February 2009.


WGN-AM/John Williams Show Richardson, R. “Best ways to take out frustrations during an economic downturn.” May 2009.

WVON/Santita Jackson Show Chambers, A. “Men: Protector & provider and the impact money has on relationships during tough times.” February 2009.
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This report, published in March 2010, covers financial activities of The Family Institute during its fiscal year 2009 (September 1, 2008-August 31, 2009).

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The Family Institute at Northwestern University, founded in 1968, is a premier center for couple and family therapy, community outreach, education and research. In addition to our community sites, we have four staff practice locations, including Evanston, Chicago, LaGrange Park and Northbrook. For more information, please call 847-733-4300 or visit our website, www.family-institute.org.