The Family Institute: A Mental Health Leader and Innovator
Since its founding in 1968, The Family Institute has been a pioneer in developing programs and services that embody its mission: To strengthen and heal families from all social, economic and cultural contexts.

Today, The Institute’s programs span a spectrum ranging from the direct provision of psychotherapy services through educating tomorrow’s mental health leaders to research that can expand understanding of the psychotherapeutic process and lead to more effective treatments. Through its various programs, The Family Institute helps more than 4,000 people and conducts 40,000 therapy sessions annually.

What we do
Direct Mental Health Services
- Nationally-renowned Staff Practice with more than 30 licensed psychotherapists
- Sliding-fee Clinic offers reduced-fee psychotherapy
- Community Outreach Program brings mental health care to underserved, economically-disadvantaged neighborhoods

Graduate Education at Northwestern University
- Master of Arts in Counseling Psychology
- Master of Science in Marital and Family Therapy

Clinical Research
Through its affiliation with Northwestern University, The Family Institute conducts important research that leads to better understanding of mental health issues and improved treatments.

Postgraduate Fellowships
The Family Institute conducts postgraduate training through clinical and research fellowships for mental health professionals who have completed Master’s or Doctoral degrees.

Doctoral-Level Students & Psychiatry Residents
Clinical Training
The Family Institute is a training site for clinical psychology doctoral students studying at Northwestern University’s Department of Psychology and for psychiatry residents enrolled in Northwestern University’s Feinberg School of Medicine.

Continuing Education for Mental Health Professionals
To help mental health practitioners stay up-to-date on the most current advances in clinical treatment, The Family Institute offers continuing professional education annually through workshops, seminars, conferences and clinical consultation.

What we believe
These are the core values that guide us as we extend our capacity to help greater numbers of people and an enormous diversity of families:

The family is the singular most significant factor influencing human identity.

Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues, but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.

Quality mental health care should be available to all who need it, regardless of their financial resources.

The definition of “family” takes many forms, and is not limited by the boundaries of biology and marriage.

Northwestern University Affiliation
Through a unique affiliation, The Family Institute is integrally linked with one of the nation’s most prestigious institutions of higher learning, Northwestern University. This relationship permits The Family Institute to remain an independent, not-for-profit organization—with its own governance, programmatic and funding autonomy—while benefiting from the academic richness of a major research university. Under the partnership, The Family Institute operates the University’s Center for Applied Psychological and Family Studies in cooperation with Northwestern’s Graduate School and Office of Research. Graduate education and research activities at The Institute are conducted under the auspices of the Center. The affiliation also provides faculty appointments, through Northwestern’s Department of Psychology, for Family Institute staff members who teach in the two graduate programs.
Commitment to Families
The Family Institute is the Midwest's oldest and largest organization devoted to family therapy, clinical research and the education of family therapists.

2004/2005 Highlights
Facts and Figures

Clinical Services
(family, couple, individual & group therapy)

<table>
<thead>
<tr>
<th>Year</th>
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<th>Participants</th>
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Community Outreach

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Master of Arts in Counseling Psychology

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</thead>
<tbody>
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Master of Science in Marital and Family Therapy

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</tr>
<tr>
<td>2005</td>
<td>19</td>
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</tbody>
</table>

Workshops and Conferences
In 2004 and 2005, more than 730 professionals attended conference, workshop and master class events.

Specialized Programs
Families, couples and individuals attended programs and seminars conducted by the following Family Institute specialized programs: Adoptive Families; Child & Adolescent; Family Business; Lesbian, Gay, Bisexual and Transgender; and Midlife & Beyond.

Noteworthy Developments

2004

The Family Institute begins specialized services for those involved in family-owned enterprises. The new Family Business Program focuses on helping these families with the unique personal relationship challenges that often develop when spouses, parents, children, siblings or other relatives work together.

Several members of The Family Institute Board of Directors begin a new awareness and outreach initiative called Circle of Knowledge. It consists of educational gatherings where experts from The Family Institute present helpful and informative talks about children, families and relationships. Activities include spring and fall luncheon-lectures for Family Institute supporters and guests, as well as smaller discussions hosted by individuals in their homes.

The Alumni Association of The Family Institute dissolves itself as an independent, nonprofit group and comes under the corporate umbrella of The Institute.
For many years the Association operated as an affiliated but separate organization, hosting continuing education events and raising funds for Institute scholarships. The new arrangement provides staffing for alumni activities through The Family Institute's Development office, while allowing alums to focus more of their energies on volunteer activities, such as mentoring students and support of scholarships.

With the guidance of a nonprofit management consultant, The Family Institute Board of Directors begins a process to plan the future direction of the organization. Five board/staff task forces are established to conduct strategic planning covering all areas of The Institute's operations.

The first Harris Family Scholarships are awarded to two incoming African-American graduate students being trained at The Family Institute. These scholarships were established in 2003 with support from the Harris Family Foundation and the Irving B. Harris Foundation. The purpose is to increase the number of mental health professionals dedicated to working in underserved, lower income communities.

After six years of development, The Family Institute's Systemic Therapy Inventory of Change (STIC) is ready for clinical testing by psychotherapists.
It is the first instrument in the field of family therapy for studying and measuring how people change over the course of treatment. The STIC employs self-report questionnaires completed by clients to track change during therapy and an internet-based system for analyzing the data and providing feedback to the therapist.

continued on page 2
Noteworthy Developments

2005

The McCormick Tribune Foundation awards $1 million to endow an academic chair at The Family Institute. The endowment will provide a permanent source of revenue to support graduate education of mental health professionals. The McCormick Tribune Chair in Marriage and Family Therapy will be held by the Director of the Master of Science in Marital and Family Therapy Program, one of two graduate degree programs operated by The Family Institute for Northwestern University.

The Family Institute doubles the size of its downtown Chicago offices in response to growing demand for clinical services. The renovated facility, located on south Michigan Avenue directly across from Millennium Park, expands to 6,700 square feet of space for psychotherapy and clinical training. Board Member Holly Hunt donated custom-made waiting room furniture from her firm, Holly Hunt Ltd.

A new Depression Treatment Program is planned in conjunction with the Department of Psychology at Northwestern University. In addition to specialized therapy for those suffering with depression, the program will provide training for Northwestern clinical psychology doctoral students beginning in 2006.

The Family Institute announces that psychiatry residents from Northwestern University’s Feinberg School of Medicine will perform clinical rotations at The Institute beginning in January 2006. These psychiatrists-in-training will receive valuable experience in treating families through The Institute’s Bette D. Harris Family and Child Clinic locations in Chicago and Evanston.

The Family Institute is awarded a three-year contract to provide mental health and social services to help former public housing residents transition to new mixed-income homes being developed in Chicago’s historic Bronzeville neighborhood. This project grew out of The Institute’s longtime commitment to serving families in the Stateway Gardens public housing complex, which is being razed to develop the new community called Park Boulevard.

The Board of Directors and staff of The Family Institute complete an extensive strategic planning process that provides a roadmap for the organization’s future direction through the year 2012.
Dear Friends and Supporters,

Now in its 38th year of operations, The Family Institute is a major provider of mental health services in the Chicago metropolitan area, as well as a leading center for clinical research and for education of mental health professionals, in affiliation with Northwestern University.

We are proud of the work that we do in all of these areas, including our continued programs providing mental health care to low-income, underserved communities.

The two years covered in this report are important not only because of the progress we have made in our programs and services, but also for the critical planning that has taken place during this period, setting the course for tomorrow’s successes.

The Family Institute recently embarked on a new journey of advancement that will transform the organization into a stronger, more robust institution—with capacity to profoundly impact the future direction of mental health care.

This journey was launched in 2004 when the Board of Directors of The Family Institute began a reexamination of its role in governing the organization and ensuring its future. That effort led to an intensive board/staff planning process and culminated in adoption of a new Strategic Plan in late 2005.

While reconfirming The Family Institute’s mission to strengthen and heal families from all levels of society, the plan articulates a dynamic new vision for the organization and provides a bold set of strategic steps and goals that will enable The Institute to achieve that vision.

**Vision for the future of The Family Institute**

- To be the world’s premier institution in family therapy and family psychology
- To provide the very best mental health care available
- To educate the mental health innovators and leaders of tomorrow
- To discover new knowledge that leads to breakthroughs in science and treatment

**Key steps for making that vision a reality**

- Continue enhancing The Family Institute’s vital affiliation with Northwestern University
- Transform a strong clinical and educational institution into a leading science-based institution
- Build The Institute’s Research area into one of the world’s leading systems-based research programs

The new Strategic Plan includes detailed goals and objectives for translating these steps into action. It also quantifies the financial investments that will be required to achieve The Family Institute’s new vision. Implementation of both the short- and long-range aspects of the plan got underway in 2006 and will continue into 2007.

This new plan is built on a solid foundation of successful programs and services established at The Family Institute—programs and services that exist because caring individuals and institutional donors understand the need for quality mental health care and have been willing to make investments in our organization.

We are deeply appreciative to all of the foundations, corporations, families and individuals who made contributions during our fiscal years 2004 and 2005. Also, our thanks to our alumni for their ongoing support of our work. And we are also grateful to our dedicated Board of Directors, who not only provide resources, but also contribute the precious gifts of leadership and creativity that are so essential to meeting the challenges of the future.

As we present this report detailing the many accomplishments of 2004 and 2005, we also take this opportunity to recommit ourselves to addressing the needs of those we serve...both today and tomorrow.

Thank you for your commitment to The Family Institute and to our mission of healing and strengthening families!

Holly Madigan
Chair of the Board of Directors

William M. Pinsof, PhD
President
Clinical Services
The Family Institute helped pioneer the field of family therapy, based on the idea that people’s psychological problems could not be understood or treated in isolation from their families. Today, The Institute is a leading center for counseling and psychotherapy, helping more than 4,000 people annually. It provides a broad range of clinical services to a diverse clientele. Institute therapists help families develop the skills necessary to deal with challenges such as marital discord, blending families, children with behavioral or emotional problems and troubled parent-child relationships over the lifetime.

The Institute’s Staff Practice provides fee-for-service treatment to families who can afford to pay for such care. To ensure access to high quality mental health services for those with limited means, we also provide treatment on a sliding fee basis through the Bette D. Harris Family and Child Clinic and no cost or low-cost mental health services to disadvantaged children and families through our philanthropically supported Community Outreach Program (described in the next section). We have also developed specialized services to address specific mental health needs of certain populations.

Nationally-Recognized Staff Practice
More than 30 licensed psychotherapists—all with advanced training and many with extensive experience—offer comprehensive services to families, couples and individuals at locations throughout metropolitan Chicago. Each of our respected and caring professionals specializes in specific issues so that clients are matched with an expert in a particular area of care. Teams of psychotherapists are also available for clinical consultation, bringing a wealth of knowledge and experience to clients. Many of our distinguished psychotherapists at The Institute hold faculty appointments at Northwestern University, Department of Psychology, and instruct graduate-level courses in marital and family therapy and/or counseling psychology.

As an extension of our Staff Practice and to provide the best possible services to our clients, The Family Institute has engaged a select group of more than 20 high-qualified affiliates in metropolitan satellite locations. These specialists include psychiatrists, counseling psychologists, marriage and family therapists and social workers who have been carefully selected by The Family Institute for their expertise in treating families, couples and individuals, including children and teens.

Bette D. Harris Family and Child Clinic
Regardless of ability to pay, The Bette D. Harris Family and Child Clinic makes quality mental health care available for those who need it—children, adolescents, adults, individuals, couples and families in Evanston, Chicago and LaGrange Park. Clients at all income levels receive exceptional and cost-effective treatment at the Clinic on a sliding fee scale. Because clients pay what they can afford, the Clinic’s outstanding care makes it particularly advantageous for those who are unemployed or do not have health insurance. Psychotherapy is provided by postgraduate and graduate level psychotherapists-in-training and psychiatric residents who receive intensive supervision by senior Institute staff and faculty.

Specialized Services
Adoptive Families Program
Child & Adolescent Program
Family Business Program
LGBT Program (Lesbian, Gay, Bisexual & Transgender)
Midlife & Beyond Program for Maturing Adults
Anxiety & Panic Treatment
Depression Treatment
Groups
Psychological and Neuropsychological Assessments

The Family Institute provides a broad range of high-quality mental health services to a diverse clientele of more than 4,000 people annually—helping families, regardless of their financial resources, lead healthier, happier and more productive lives.
Community Outreach Program

One of The Family Institute’s core values is an unwavering conviction that quality mental health care should be available to all who need it, regardless of their financial resources. That’s why in 1989 The Institute launched its Community Outreach Program to offer family-oriented psychotherapy to underserved, low-income populations.

Today, more than 700 children and adults are helped annually through this unique service. Partnering with local schools and non-profit organizations, the Community Outreach Program takes mental health treatment and preventive services directly to areas where they are urgently needed. Family, couple and individual therapy; group work; classroom discussions; parent education workshops; case management and consultations are provided by Institute staff therapists and therapists-in-training (Northwestern University master’s degree students in one of two graduate programs operated for NU by The Family Institute).

Because of poverty, language barriers, lack of health insurance and other factors, many of these families would have limited access to quality mental health services were it not for this program. Clients are low-income and predominantly African-American or Latino. Bilingual Spanish/English services are provided at selected sites.

Community Outreach Sites (Spring 2006)

Chicago
Jenner Academy of the Arts
(Cabrini Green/West Town neighborhood)

Walter Payton College Preparatory High School
(Cabrini Green/West Town neighborhood)

New City YMCA
(Cabrini Green/West Town neighborhood)

Funston Elementary School
(Logan Square neighborhood)*

Monroe Elementary School
(Logan Square neighborhood)*

Farren Elementary School
(Bronzeville neighborhood)

Evanston
Family Focus Our Place & Weissbourd-Holmes Center
Evanston Township High School
Chute Middle School
Haven Middle School
Kingsley Elementary School
Nichols Middle School
Oakton Elementary School
Latino Outreach at The Family Institute*

LaGrange Park
Community Nurse Health Association*
Latino Outreach at The Family Institute
(LaGrange Park Office)*

* Bilingual Spanish/English services at these sites

The program relies on grants and contributions for the bulk of its funding.

Community Outreach Foundation & Corporate Supporters (2004-2006)
Aileen Andrew Foundation
Francis Beidler Foundation
Circle of Service Foundation
The Crown Family
Patrick & Anna M. Cudahy Fund
Evanston Community Foundation
Lloyd A. Fry Foundation
HSBC-North America (formerly Household International)
Col. Stanley R. McNeil Foundation
Elizabeth Morse Genius Charitable Trust
Northern Trust Charitable Trust
Polk Bros. Foundation
W.P. and H.B. White Foundation
Park Boulevard Program
The Family Institute at Northwestern University was employed in 2005 by the nonprofit organization, Stateway Community Partners, to provide mental health and social services to help former residents of Chicago public housing meet the requirements for relocation to the new Park Boulevard redevelopment.

A highly-qualified staff with dedication and determination was structured by The Family Institute to help individuals, couples and families reach their housing goals. In the spirit of The Family Institute’s mission and core values, the staff formed “family support teams” to help adults, teenagers and children set goals that reach beyond basic housing...goals to help build strong individuals and families...goals to build a sense of community for each person living in the Park Boulevard community.

Building a New Community
Park Boulevard is a new and innovative 36-acre, mixed-income housing community in Chicago’s south side Bronzeville neighborhood. It has the backing of the U.S. Department of Housing and Urban Development (HUD), Chicago Housing Authority (CHA), the City of Chicago, Illinois Institute of Technology and the John D. and Catherine T. MacArthur Foundation, among others.

The exciting Park Boulevard redevelopment project is on the site where the Stateway Gardens public housing complex once stood. It is part of the Chicago Housing Authority’s “comprehensive plan for transformation,” under which aging and distressed public housing high-rise apartment buildings throughout the city are being replaced with lower density, mixed-income redevelopments.

Built in 1958, Stateway Gardens originally consisted of eight high-rise buildings with a total of 1,644 public housing units. The transformation of Stateway to Park Boulevard involves razing all eight of the high-rise structures and redeveloping the site with diverse housing types that include town houses, three, four, five and six flats, and mid-rise buildings. Eventually, more than 1,300 units will be built; one-third of the new units are reserved for former residents of CHA public housing.

People from all walks of life will enjoy these new homes and the many educational, cultural and recreational opportunities offered by the Park Boulevard community. Among those who will become a vital part of the new Park Boulevard neighborhood are former Stateway Gardens residents who meet CHA qualifications for and are interested in living in Park Boulevard housing.

Program Goals and Accomplishments
With 1,300 units to be constructed in the Park Boulevard community, the buildings are being completed in phases. One-third of those new units are reserved for former residents of CHA housing. While the buildings are being built, The Family Institute Park Boulevard Program staff members have been assisting qualified CHA residents to help them meet the necessary CHA requirements to relocate to Park Boulevard housing.

The number of units below represent phase one of the new community:

- The first of the new Park Boulevard buildings, Pershing Court, an 80-unit rental building with 27 public housing replacement units, was completed in late 2005. Before the completion date, 64 families had met CHA criteria to move in to the available units. By the end of December, 2005, 27 of the 64 qualifying families chose to move in to the Pershing Court building.

- In May 2007, 24 additional public housing units will be available. Forty-one families are ready and awaiting the opening of the first units in May 2007.

- And in November 2007, 34 more units for former public housing residents will be available.

- An additional 38 public housing units will be available in August 2008.
The Family Institute operates two Northwestern University master’s degree programs for training mental health professionals. It also offers postgraduate training opportunities through its own fellowship program and through clinical experiences for Northwestern doctoral-level students. In addition, The Institute provides continuing education for mental health professionals in the form of conferences, workshops and seminars.

Graduate Education
The Family Institute is an independent affiliate of Northwestern University and operates the University’s Center for Applied Psychological and Family Studies, which includes two graduate programs: Master of Arts in Counseling Psychology and Master of Science in Marital and Family Therapy. Both programs prepare students for careers as mental health professionals and include comprehensive academic curricula from Northwestern University and intensive, supervised clinical training components.

Because The Family Institute is also a psychotherapy treatment center, many students receive hands-on clinical training and may fulfill their clinical practicum requirements by seeing clients through our Bette D. Harris Family and Child Clinic and/or the Community Outreach Program. Each year, students with a broad range of ages, varied life experiences and professional and academic backgrounds are accepted into both programs. With small interactive classes taught by nationally-recognized Northwestern University faculty, both programs offer students unparalleled training and opportunities to achieve their unique professional goals in a collegial atmosphere. Each of the master’s programs produces approximately 20 graduates per year. Degrees are conferred by The Graduate School of Northwestern University.

Unparalleled training opportunities at The Family Institute prepare mental health professionals to be innovators...leaders of tomorrow.

Postgraduate Training
Fellowships
The Postgraduate Fellowship Program at The Family Institute provides advanced, intensive training for mental health professionals who have completed master’s or doctoral degrees. The goal of the program is to develop the next generation of leaders and innovators in family therapy and family psychology. Over the course of two years, the program focuses on three integrated components of training:

- Strengthening and refining therapy skills through clinical practice supervised by senior therapists at the Bette D. Harris Family and Child Clinic and/or the Community Outreach Program of The Family Institute.
- Mastering the theory and application of The Family Institute model of systemic therapy.
- Professional skills building, including development of clinical specialties, organizational/administrative experience and marketing.

The Family Institute also affords qualified Fellows the opportunity to pursue research projects through the Dr. John J. B. Morgan Fellowship and the Madigan Family Postdoctoral Fellowship. Those who have completed Family Institute Fellowships have accepted positions in hospitals, universities and private practice. Several former Fellows have become valued members of The Family Institute’s highly regarded clinical staff.

Doctoral-Level Students & Psychiatry Residents
Clinical Training
The Family Institute is a clinical training site for clinical psychology doctoral students studying at Northwestern University’s Department of Psychology and for psychiatry residents enrolled in Northwestern University’s Feinberg School of Medicine.

Continuing Education
To help mental health practitioners stay up-to-date on the most current advances in clinical treatment, The Family Institute offers continuing professional education through workshops, conferences, seminars and clinical consultation. The Family Institute is authorized to provide Continuing Education Units (CEUs) by the Illinois Department of Professional Regulation.
Committed to Discovery

Research

The Family Institute is dedicated to intervention—making a difference in the lives of families, couples and individuals from all walks of life. Through research, we scientifically investigate our interventions to better understand the therapeutic process and to develop improved treatments. As one of the leading centers for marriage and family therapy, with a large and diverse client population, The Family Institute is uniquely positioned to pursue path-breaking research on families and relationships.

The Institute’s clinical research activities are focused on two areas:

- The process and determinants of how people change in psychotherapy.

- Anxiety and mood disorders over the life course, within the context of the family.

Research at The Family Institute is conducted under the auspices of Northwestern University’s Center for Applied Psychological and Family Studies. The Center is operated by The Family Institute and housed at our headquarters in Evanston, Illinois. All research projects receive approval from the Northwestern University Institutional Review Board to ensure protection to volunteer subjects enrolled in studies.

Current Research Initiatives
- Psychotherapy Change Project
- Treatment of Generalized Anxiety Disorder
- Depression, Relationship Distress and Couples
- Parental Depression/Conflict and Social-emotional Functioning of Young Children

Research Supporters

The Family Institute thanks the following contributors for their generous support of the Research Program:

- Cheryl and Carey Cooper and Family
  Support of Pilot Research

- The late Bette and Neison Harris & the Harris Family Foundation
  Endowment of the Bette D. Harris Family and Child Clinic

- Mr. and Mrs. Jonathan Kovler & the Blum-Kovler Foundation
  Endowment of the Kovler Research Scholar
  Support of Pilot Research

- Dr. Colman and Julie Kraff
  Support of Pilot Research

- Mr. and Mrs. John Madigan
  Endowment of the Madigan Family Postdoctoral Fellowship

- The Burton D. Morgan Foundation
  Support of the Dr. John J.B. Morgan Fellowship

- Arthur C. Nielsen, Jr. and his late wife Patricia M. Nielsen
  Endowment of the Patricia M. Nielsen Research Chair

As one of the leading centers for marriage and family therapy, with a large and diverse client population, The Family Institute is uniquely positioned to pursue path-breaking research on families and relationships.
For many years, the Alumni Association of The Family Institute operated as an affiliated, but independent non-profit group. Among its activities, the Association hosted numerous continuing education events, while raising nearly a quarter of a million dollars for scholarships and other Institute projects. But in 2004 The Alumni Association’s Board of Directors recognized that without paid staff, the group’s future growth—and its potential to enhance services to its members and support the work of The Institute—was quite limited. It voted to dissolve as a separate corporation and come under the umbrella of The Family Institute.

This new arrangement allows alumni to focus their volunteer time and energy on professional development and networking, mentoring students and raising funds for scholarships, without the financial and legal burdens that come with operating a corporation. The new association is led by a 12-member Advisory Board that works with Family Institute Development staff to plan alumni activities.

In 2005, the Association expanded its membership to include all alumni from Northwestern University’s Counseling Psychology program, dating back nearly 30 years. In 2002, this program was moved from Northwestern’s School of Education and Social Policy to the newly created Center for Applied Psychological and Family Studies, which is located at The Family Institute. Counseling Psychology is one of two Northwestern master’s degree programs operated by The Institute. (The other program is the Master of Science in Marital and Family Therapy.)

The Association membership now includes alumni from these programs:
— PhD or MA in Counseling Psychology from Northwestern University
— MS in Marital and Family Therapy from Northwestern University
— Postgraduate Training Program at The Family Institute
— Postgraduate Fellowship at The Family Institute
— Clinical Practicum at The Family Institute
— Chemical Dependency Training at The Family Institute

**Alumni Association Advisory Board**
Janice Witzel, PhD, LCPC (Board Chair)
Jean Garrity Arnold, MSMFT
Dan Gill, MSMFT, LCPC
Linda Honsa, MS, LMFT
Anita Landau Hurtig, PhD
Karen Robson Jacobson, MA, LCPC, LMFT
Nancy Jensen, PhD
Ellen Lonnquist, MSMFT, LMFT
Viviana Ploper, MA, LCPC
Carol Ryan, JD, MSMFT, MSOD
Sandy Small, MA, LCPC
Melody Charles Van der Werff, MA

An expanded Alumni Association of The Family Institute focuses on professional development, networking, mentoring students and raising funds for student scholarships.
The Family Institute is committed to diversity throughout the organization—from its clinical programs to education to recruitment of students, faculty and staff.

**Serving a Diverse Population**

*African-American & Latino Communities*—Through its Community Outreach Program, Park Boulevard Program and the Bette D. Harris Family and Child Clinic, The Family Institute makes quality mental health care accessible to people at all levels of society, regardless of their financial resources. Community Outreach specifically targets underserved, low-income neighborhoods which are primarily African-American and Latino. Bilingual Spanish/English services are available at several locations.

*Lesbian, Gay, Bisexual and Transgender (LGBT)*—In 2003, The Family Institute began a new program to address the unique mental health needs of LGBT individuals, couples and families.

**Accessibility**

The Family Institute strives to make its facilities available to all who need them. In 2005, The Institute improved accessibility of its headquarters in Evanston with installation of power assist entrance doors to help those who are physically challenged. The project received financial support from Washington Square Health Foundation.

**Recruitment**

The Family Institute actively seeks applicants from underrepresented racial and ethnic groups so that our body of students, fellows, faculty and staff will more closely reflect the diversity of American society. Furthermore, there is a severe shortage of mental health professionals serving African-American and Latino communities in the United States. The Institute is addressing this disparity by raising scholarship funding to train more students dedicated to working in underserved communities. Longtime support for scholarships has come from the Alumni Association of The Family Institute and the Dr. Scholl Foundation.

This effort received a big boost in late 2003 when the Harris Family Foundation and the Irving B. Harris Foundation awarded grants to establish the Harris Family Scholarships. To date, four young African-American graduate students have received Harris Scholarship support, enabling them to be trained as marriage and family therapists at The Family Institute at Northwestern University. In early 2006, both foundations announced renewed support of the scholarships. The Harris Family Foundation also awarded new funding to establish scholarships for master’s degree students dedicated to working in Latino communities.
## Statement of Financial Position as of August 31

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<td><strong>Total Liabilities and Net Assets</strong></td>
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## Statement of Activities for the Years Ended August 31

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
<th>2004</th>
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<tr>
<td><strong>Support and Revenues</strong></td>
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<tr>
<td>Contributions</td>
<td>$ 1,680,439</td>
<td>$ 1,057,916</td>
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<tr>
<td>Program Services</td>
<td>$ 5,076,984</td>
<td>$ 4,298,877</td>
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<tr>
<td>Investment Income</td>
<td>$ 172,968</td>
<td>$ 144,163</td>
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<td>$ 6,930,391</td>
<td>$ 5,500,956</td>
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<tr>
<td><strong>Expenses</strong></td>
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<tr>
<td>Program</td>
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<tr>
<td>Education</td>
<td>$ 1,549,439</td>
<td>$ 1,305,160</td>
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<tr>
<td>Clinical Services</td>
<td>$ 3,180,464</td>
<td>$ 2,870,374</td>
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<tr>
<td>Research</td>
<td>$ 277,866</td>
<td>$ 179,818</td>
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<tr>
<td>Other</td>
<td>$ 14,188</td>
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<tr>
<td></td>
<td>$ 5,007,769</td>
<td>$ 4,369,540</td>
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<tr>
<td><strong>Supporting Services</strong></td>
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<tr>
<td>Management and general</td>
<td>$ 509,499</td>
<td>$ 438,820</td>
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<tr>
<td>Fundraising and public relations</td>
<td>$ 337,770</td>
<td>$ 303,968</td>
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<td></td>
<td>$ 847,269</td>
<td>$ 742,797</td>
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<td>$ 5,855,038</td>
<td>$ 5,112,337</td>
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<tr>
<td>Increase (Decrease) before nonbudgetary items</td>
<td>$ 1,075,353</td>
<td>$ 388,619</td>
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<td><strong>Unrealized Gain (Loss)</strong></td>
<td>$ 520,841</td>
<td>$ 240,897</td>
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<tr>
<td><strong>Increase (Decrease) in Net Assets</strong></td>
<td>$ 1,596,194</td>
<td>$ 629,516</td>
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<tr>
<td>Net Assets at Beginning of Year</td>
<td>$ 9,495,366</td>
<td>$ 8,865,850</td>
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<tr>
<td>Net Assets at End of Year</td>
<td>$ 11,091,560</td>
<td>$ 9,495,366</td>
</tr>
</tbody>
</table>

---

The Family Institute is audited annually by an independent certified public accounting firm. A copy of the audited financial statements are available upon request.
## Summary of Operating Revenue/Expense for Fiscal Year 2005

### Operating Revenue by Source (Cash basis)

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fees and Contracts</td>
<td>$3,666,960</td>
</tr>
<tr>
<td>Tuition</td>
<td>1,303,784</td>
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<tr>
<td>Gifts and Grants</td>
<td>830,813</td>
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<tr>
<td>Investments</td>
<td>145,585</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$5,947,142</strong></td>
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### Operating Expense by Use

<table>
<thead>
<tr>
<th>Use</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Programs</td>
<td>$3,180,464</td>
</tr>
<tr>
<td>Education</td>
<td>1,549,439</td>
</tr>
<tr>
<td>Research</td>
<td>277,866</td>
</tr>
<tr>
<td>Management</td>
<td>509,499</td>
</tr>
<tr>
<td>Fundraising/Public Relations</td>
<td>337,770</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$5,855,038</strong></td>
</tr>
</tbody>
</table>

### Operating Revenue by Source (Cash basis)

- 61.66% Fees and Contracts
- 21.92% Tuition
- 13.97% Gifts and Grants
- 2.45% Investments

### Operating Expense by Use

- 5.77% Fundraising/Public Relations
- 8.70% Management
- 54.32% Clinical Programs*
- 4.75% Research
- 26.46% Education

*Clinical Programs include:
Community Outreach, Bette D. Harris Family and Child Clinic, Special Programs and Staff Practice.

### Summary of Operating & Non-Operating Contributions by Donor Designation for Fiscal Year 2005 (Cash Basis)

- 55.34% Endowment
- 3.08% Special Programs*
- 5.30% Scholarships
- 7.66% Research
- 1.67% Capital
- 10.53% Community Outreach & Bette D. Harris Family and Child Clinic
- 16.39% Unrestricted Gifts & Grants

**Total Contributions $1,636,389.**

*Special Programs include:
Adoptive Families; Family Business; Lesbian, Gay, Bisexual and Transgender; and Midlife and Beyond.
Thank You! The Family Institute thanks all of our donors for generously supporting our mission to strengthen and heal families. Gifts and grants allow The Family Institute to provide mental health services to those with limited financial resources through our Community Outreach Program and the Bette D. Harris Family and Child Clinic. Nearly one-third of all clinical care is provided free of charge or at reduced fees. Contributions also help support these specialized programs: Adoptive Families, Family Business, LGBT (lesbian, gay, bisexual & transgender) and Midlife and Beyond. In addition, gifts and grants provide funding for education and research projects and support scholarships and fellowships.

We are pleased to recognize those donors who contribute $250 or more annually as Friends of The Family Institute.

Friends of The Family Institute is a program for recognizing donors who give annually at the level of $250 and above. Friends are invited to lectures and other special events presented by The Family Institute and receive special recognition in Family Institute publications and on our website.

Every effort is made to provide accurate information. If your name or gift has been listed incorrectly or inadvertently omitted, please contact the Development Department so that we may correctly acknowledge your support in the future.
Telephone 847 733 4300, extension 320.
<table>
<thead>
<tr>
<th>Contributors</th>
<th>Amount Range</th>
</tr>
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<tr>
<td>$300,000 and above</td>
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<tr>
<td>Mrs. Bette D. Harris and Family/Harris Family Foundation</td>
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<tr>
<td>$100,000–$299,999</td>
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<tr>
<td>Mr. and Mrs. Jonathan Kovler/Blum-Kovler Foundation</td>
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<td>$50,000–$99,999</td>
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<td>Alumni Association of The Family Institute</td>
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<td>The Burton D. Morgan Foundation</td>
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<td>$10,000–$24,999</td>
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<td>American Psychological Foundation</td>
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<td>Francis Beidler Foundation</td>
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<td>Randy L. and Melvin R. Berlin</td>
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<td>The Chicago Community Trust</td>
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<td>Patrick and Anna M. Cudahy Fund</td>
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<td>Dr. Scholl Foundation</td>
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<td>Karen and Ronald Kefman</td>
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<tr>
<td>Ms. Renée Logan</td>
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<td>Col. Stanley R. McNeil Foundation</td>
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<td>Northern Trust Company</td>
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<td>Ms. Jane Petit-Moore and Mr. Jean Louis Petit</td>
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<td>Ransburg Foundation</td>
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<td>Ms. Carol Ryan/The Ryan Foundation</td>
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<td>Gail and John Ward</td>
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<td>$1,000–$4,999</td>
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<td>Mrs. James W. Alsdorf</td>
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<td>Mr. and Mrs. Raymond Bayley</td>
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<td>Mr. and Mrs. Howard B. Bernick/Howard and Carol Bernick Family Foundation</td>
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<td>John H. Bittner and Family</td>
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<td>Penny and Keith Block, MD</td>
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<td>Mr. and Mrs. William Cellini</td>
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<td>Jane B. and John C. Colman</td>
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<td>Cheryl and Carey Cooper and Family</td>
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<td>Nancy and Steve Crown</td>
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<td>Mr. and Mrs. Stephen J. Culliton</td>
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<td>Mr. Thomas J. Drennan</td>
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<td>Victor C. Dye, PhD</td>
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<td>Mr. and Mrs. James H. Feldman</td>
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<td>Mr. and Mrs. Christopher B. Galvin</td>
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<td>Dr. Anthony W. Gargiulo</td>
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<td>Mr. and Mrs. Lawrence E. Gilford</td>
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<td>Mr. John J. Glier</td>
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<td>Mr. Eugene Golub</td>
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<td>Mary and Cliff Gower</td>
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<td>Kathleen Grady and Victor Grimm</td>
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<td>Mr. and Mrs. John R. Heller</td>
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<td>HSBC–North America (formerly Household International)</td>
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<td>Mr. Stewart Hudnut and Ms. Vivian Leith</td>
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<td>Mr. and Mrs. Ernest Iannotta</td>
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<td>Mr. and Mrs. Burton</td>
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<td>Mr. and Mrs. Alexander R. Lerner</td>
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<td>Dr. and Mrs. Frank Little</td>
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<td>Ms. Jeanne Malkin</td>
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<td>Mr. and Mrs. James D. Montgomery</td>
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<td>Mr. Alonzo A. Neese, Jr.</td>
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<td>Mr. and Mrs. Leslie S. Pinsof</td>
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<td>Dr. and Mrs. William Pinsof</td>
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<td>Tom and Cindy Reusche</td>
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<td>Mr. and Mrs. Patrick G. Ryan</td>
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<td>Mr. and Mrs. Harold B. Smith</td>
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<td>Mrs. Pam Szokol</td>
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<td>Mr. and Mrs. Jim Vail</td>
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<td>Dr. and Mrs. Michael Vender</td>
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<td>Mr. Sam Vinson</td>
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<td>Mr. and Mrs. David Wark</td>
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<tr>
<td>Ms. Susan B. Weber</td>
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<tr>
<td>Mrs. Irving Wein</td>
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<td>Mr. and Mrs. Richard Weinberg</td>
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<td>Dr. and Mrs. Robert J. Weinstein</td>
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<tr>
<td>$250–$499</td>
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<tr>
<td>Richard and Kathleen Adler</td>
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<tr>
<td>Lynn and Joel Altschul</td>
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<tr>
<td>Mr. and Mrs. William G. Barker III</td>
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<tr>
<td>Donna and Bill Barrows</td>
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<td>Belmont Trading Company</td>
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<tr>
<td>Adriene Booth</td>
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<td>Mr. and Mrs. Matthew Botica</td>
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<td>Sallie B. Bulley</td>
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<td>Mr. and Mrs. Edward Chandler</td>
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<tr>
<td>Karen R. Crotty, MSW, ACSW</td>
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</tr>
</tbody>
</table>
Contributors continued

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Mr. and Mrs. Dirk DeGenaars  Mr. and Mrs. Gregg S. Newmark  Ms. Nancy Carstedt
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Mr. and Mrs. Richard R. Donnelly III  Mr. and Mrs. Michael D. O’Halleran  Mr. and Mrs. Edward Hines
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Ms. Angeline Heisler  Liz and Jules StifFel  Karen and Ronald Krefman
Mr. and Mrs. John Hickey  Mr. and Mrs. James H. Swartchild  Ms. Joan Elisberg Mandel
Mr. E. Franklin Hirsch  Mr. and Mrs. Thomas Terry  and Mr. Richard Mandel
Dr. Lauren D. Holinger  Mr. and Mrs. Richard P. Toft  David J. Miller & Associates, LLP
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Mr. Edgar Jannotta and  Mr. and Mrs. Patrick S. Wallace  Ms. Rose Rachlin
Ms. Erika Pearsall  Betty Weiss  Cheryl Rampage and
Renee Jans-Dimond, PhD  Betty Weiss  Larry La Boda
Jewel Food Stores  Betty Weiss  Linda R. Rubinowitz, PhD, LMFT
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Mr. and Mrs. Frank S. Karger, Jr.  Betty Weiss  Mr. and Mrs. James H. Swartchild
Dr. and Mrs. Charles Kitchen  Betty Weiss  Mr. and Mrs. Ernie Weis
Judy and Jim Klutznick  Betty Weiss  Mr. and Mrs. Jeffrey Wellek
Mr. and Mrs. Paul Konstant  Betty Weiss  In Honor of Philip and
Mr. and Mrs. Gilbert K. Krulee  Betty Weiss  Blanche Pinsof
Mr. and Mrs. Glen Lefkovitz  Betty Weiss  Judy and Gus Crivolio
Elliot and Frances Lehman  Betty Weiss  Mr. and Mrs. Gerald
Paul Lehman and Ronna Stamm  Betty Weiss  Kirschner
Elaine and Donald Levinson  Betty Weiss  Dr. and Mrs. Harry Lopas
Barbara and David Linville  Betty Weiss  In Honor of William M. Pinsof
Mr. and Mrs. Frederick C. Lowinger  Betty Weiss  Ms. Angeline Heisler
Mack and Parker, Inc.  Betty Weiss  Ms. Pamela Phillips and
Mr. and Mrs. Walter M. Mack  Betty Weiss  Mr. Roger Weston
Mr. and Mrs. Michael McCarthy  Betty Weiss  In Honor of Pam Szokol
Mr. and Mrs. Robert Moore  Betty Weiss  Mr. and Mrs. Gregg S.
Mr. and Mrs. Bruce Munro  Betty Weiss  Newmark
Mr. and Mrs. Geoffrey C. Murphy  Betty Weiss  In Honor of Marjorie Valentine
Mrs. Donald Nathanson  Betty Weiss  Ms. Laura Rempel

Fiscal Year 2004

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In Honor of Douglas C. Breunlin
Anonymous
In Honor of Renee Jans-Dimond
Sallie E. Gratch, MSW
In Memory of Philip and Blanche Pinsof
Anonymous
In Honor of Karen Krefman
Betty Weiss
In Honor of William M. Pinsof
Ms. Angeline Heisler
In Honor of Sheri Levine
Mr. John Lavine and Dr. Meryl Lipton
In Honor of Pam Szokol
Mr. and Mrs. Gregg S. Newmark
In Honor of Robert F. Lipman
Mr. and Mrs. Jess Levine
In Honor of Marjorie Valentine
Mr. Michael R. Schwartz
Mr. Leonard Weiskirch
Ms. Laura Rempel

Contributors continued
**Fiscal Year 2005 Contributors**

**September 1, 2004 — August 31, 2005**

**$300,000 and above**

Mrs. Bette D. Harris/Harris Family Foundation
McCook Tribune Foundation

**$100,000 - $299,999**

Mr. and Mrs. Jonathan Kovler/Blum-Kovler Foundation
Mrs. Alma Gray
Mr. Arthur C. Nielsen, Jr.
The Burton D. Morgan Foundation

**$50,000–$99,999**

The Crown Family
Cheryl and Carey Cooper and Family
Mrs. Irving Harris/The Irving Harris Foundation
Leo S. Guthman Fund
Lloyd A. Fry Foundation
Mrs. John Madigan

**$25,000–$49,999**

The Crown Family
Cheryl and Carey Cooper and Family
Mrs. Irving Harris/The Irving Harris Foundation
Leo S. Guthman Fund
Lloyd A. Fry Foundation
Mrs. John Madigan

**$10,000–$24,999**

Aileen S. Andrew Foundation
Anonymous
Mr. and Mrs. T. Stanton Armour
Mr. and Mrs. Howard B. Bernick/Howard and Carol Bernick Family Foundation
Neil G. Bluhm and Family Evanston Community Foundation
Grant Healthcare Foundation
Ms. Holly Hunt
Karen and Ronald Kefman
The Rotter Family
Mr. Richard Seidel, Sr.
W.P. & H.B. White Foundation

**$5,000–$9,999**

Anonymous
Randy L. and Melvin R. Berlin
Buse McLeod Foundation
For Family Enhancement

**$1,000–$4,999**

Mr. and Mrs. Charles W. Benton
Mr. Alex Bernhardt and Ms. Susan Wein
John H. Bittner and Family
Mr. and Mrs. Dennis Chandler
Jane B. and John C. Colman
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Mary Gower
Kathleen Grady and Victor Grimm
Mr. and Mrs. John R. Heller
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Paul and Margaret Lurie
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Mr. and Mrs. Adam Aron
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Donna and Bill Barrows
Sharon and Mark Berman
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Mrs. Robert Flink
Mr. and Mrs. Art Fogel
Mr. Harold E. Foreman, Jr.
Mrs. Zollie S. Frank
Doris C. Freeman, PhD, LMFT
Mr. and Mrs. Douglas Gannett
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Jean and Martin Goldsmith
Mr. and Mrs. Rodney L. Goldstein
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Dr. and Mrs. Jack Graller
Ruth Guillaume
Mr. and Mrs. Arthur W. Hahn
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Meredith and Roger Harris
Mr. and Mrs. John Hickey
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Selected Publications and Presentations 2004/2005

Publications 2004


Presentations 2004

Douglas Breunlin, MSSA, LCSW, LMFT, presented “Plenary Address: Toward a Theory of Selves in Context” at the Australian Family Therapy Conference in Brisbane, Australia.

Marina Eovaldi, PhD, LMFT, presented “Working with Adoptive Families When a Child Has a Learning Disability” to the Cove School in Northbrook, Illinois.

Jay Lebow, PhD, LMFT, ABPP, presented “What Science Can Tell Us About Therapeutic Change” at the annual Psychotherapy Networker Symposium in Washington, D.C.

Jay Lebow, PhD, LMFT, ABPP, presented “Utilizing Diverse Paradigms of Evidence Based Practice in Family Psychology” at the APA Annual Convention in Honolulu, Hawaii.

Jay Lebow, PhD, LMFT, ABPP, presented “Integrative Family Therapy for Conflicts Over Child Custody and Visitation” at the Seventh Clinical Research Conference of the American Family Therapy Academy in Santa Fe, New Mexico.

William M. Pinsof, PhD, LMFT, ABPP, presented “Progress Research and the Process of Change in Integrative Psychotherapy” at the AFTA Annual Conference in San Francisco, California.

Publications 2005


**Presentations 2005**

Ellen Sachs Alter, PhD, presented “Myths of Perfect Parenting” to parents at the Near North Montessori School in Chicago, Illinois.

Marina Eovaldi, PhD, LMFT, presented “Co-Parenting Strategies” to the Lilac Tree sponsoring Divorce University in Evanston, Illinois.

Marina Eovaldi, PhD, LMFT, presented “Helping Adoptive Families When a Child Has Learning Disabilities” at the Chicago Area Families for Adoption Conference in Chicago, Illinois.

Catherine Weigel Foy, MSW, LCSW, LMFT, presented “Adoption Across the Family Life Cycle” at the Chicago Area Families for Adoption Annual Conference in Oak Brook, Illinois.

Shayna Goldstein, MSMFT, LMFT, and Karen Krefman, MSMFT, LMFT, presented “Difference...Difference! LGBT Parents and Their Children” to the Northwestern University Women’s Center in Evanston, Illinois.

Lynne Knobloch-Fedders, PhD, William M. Pinsof, PhD, LMFT, ABPP, and Richard Zinbarg, PhD, presented “An Integrative Perspective on the Therapeutic Alliance in Progress Research” at the Society for Psychotherapy Research Conference in Montreal, Canada.

Jay Lebow, PhD, LMFT, ABPP, B. McCrady and D. Haaga presented “Principles in the Treatment of Substance Use Disorders” at the European Association of Behavioral and Cognitive Therapy in Athens, Greece.

Jay Lebow, PhD, LMFT, ABPP, J. Coyne and B. Duncan presented “What Science Can Tell Us About Therapeutic Change” at the annual Psychotherapy Networker Symposium in Washington, D.C.

Jay Lebow, PhD, LMFT, ABPP, presented “Evidence-based Practice in Family Therapy” to the American Family Therapy Academy/International Family Therapy Association combined meeting in Washington, D.C.

Jay Lebow, PhD, LMFT, ABPP, presented “Clinical Update: Couple Therapy” at the annual conference of the American Association of Marriage and Family Therapy in Kansas City, Missouri.


Melba Nicholson, PhD, and Kathy Bingham, PhD, presented “Encouraging Achievement without Pushing Too Much” to The Center for Talent Development in Evanston, Illinois.

Rachel Lurie, MSMFT, LCPC, CADC, presented “Body Image Talk for 8th Grade Girls” to Northbrook Junior High School in Northbrook, Illinois.

William M. Pinsof, PhD, LMFT, ABPP, Richard Zinbarg, PhD, and Lynne Knobloch-Fedders, PhD, presented “The Psychotherapy Change Project: The Development of the Systemic Inventory of Change – STIC” at the Society for Psychotherapy Research Conference in Montreal, Canada.

William M. Pinsof, PhD, LMFT, ABPP, presented “La Psychotherapie Integre et Centre sur Problemes: Une Synthese de les Psychotherapies des Familles, des Individuels et des Systemes Biologiques” in Paris, France.

William M. Pinsof, PhD, LMFT, ABPP, presented “Progress Research in Couple Therapy” at the Workshop for Society for Psychotherapy Research Annual Conference in Montreal, Canada.

William M. Pinsof, PhD, LMFT, ABPP, presented “Teens & Sex: Trends, Conversations and Control” to Friends of The Family Institute in Winnetka, Illinois.

Cheryl Rampage, PhD, presented “The Inner Lives of Adopted Children” to the Kenilworth School District #38 in Kenilworth, Illinois.

Cheryl Rampage, PhD, presented “Keeping the Flame Alive: Marriage While the Kids are Young” to The Family Institute Circle of Knowledge, Winnetka, Illinois.

Cheryl Rampage, PhD, presented “Sugar and Spice but Not Everything’s Nice: Raising our Daughters for Tomorrow’s World” to The Family Institute Circle of Knowledge in Chicago, Illinois.

Michele Wolff, MSMFT, Karen Krefman, MSMFT, LMFT, and Pat Martin, RN, LMFT, presented “Mothers and Daughters in Conversation at Midlife and Beyond” to the Northwestern University Work-Life Series in Evanston, Illinois.

Michele Wolff, MSMFT, presented “Living after Loss of Your Spouse” at the Midlife and Beyond Seminar Series sponsored by the Midwest Buddhist Temple in Chicago, Illinois.

Michele Wolff, MSMFT, and Karen Krefman, MSMFT, LMFT, presented “Mothers and Daughters in Conversation at Midlife and Beyond” to the Wilmette Women’s Club in Wilmette, Illinois.

Michele Wolff, MSMFT, presented “Healthy Families Living with Illness” to The Buehler Center on Aging at Northwestern University’s Feinberg School of Medicine in Chicago, Illinois.
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The Center for Applied Psychological and Family Studies includes Research faculty and faculty who teach in the Master of Arts in Counseling Psychology and/or the Master of Science in Marital and Family Therapy Programs.

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ACSW
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BCD
Diplomate, American Board of Examiners in Social Work
CADC
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CSADC
Certified Supervisor Alcohol and Other Drug Abuse Counselor
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Harry L. Vincent, Jr.

In Memoriam
Life Trustees
A lifelong advocate for family issues, Patricia “Patty” Crowley died in November 2005 at age 92. Besides being a founding Board member and Life Trustee of The Family Institute, Patty worked with a number of Chicago-area organizations to help improve the lives of others. She and her late husband, Patrick, helped found the Christian Family Movement in 1949. They were also foster parents, opening their home to 14 foster children over the years. Patty was also one of the “founding mothers” who established Deborah’s Place in 1985, the city’s first overnight shelter for women.

Clifford C. Gower, who died in November of 2004 at age 78, built his life around giving. A founding Board member and Life Trustee of The Family Institute, Clifford not only contributed his own funds, but also helped raise financial support for The Institute’s programs. Clifford’s wife, Mary, continues to serve as a Life Trustee.

Bette D. Harris, philanthropist and Life Trustee of The Family Institute, died in July 2005. She was 88 years old. Along with her late husband, Neison, Bette helped transform The Family Institute into the vibrant organization it is today. Major gifts made through their foundation supported the capital campaign to build The Institute’s headquarters and to endow operation of its sliding fee clinic, both of which are named in Bette’s honor.

Founding Board member and Life Trustee of The Family Institute, Patricia M. Nielsen died in July 2005 at age 83. Patty was passionate about psychology and mental health issues. She and her surviving husband, Arthur C. Nielsen, Jr., established the Patricia M. Nielsen Research Chair at The Family Institute.

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Gifts to The Family Institute may include cash, securities and life insurance. The Institute is also grateful for bequests, trusts and other deferred giving vehicles, which are made in consultation with the donor’s personal attorney or tax advisor. For more information about giving opportunities at The Family Institute, please contact Rebecca Hoffman, Vice President for Institutional Advancement, at 847 733 4300, ext. 312.

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In addition to these locations,
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