



Research



Clinical
Service

Education



Annual Report 2013



THE FAMILY INSTITUTE
at Northwestern University



NORTHWESTERN UNIVERSITY AFFILIATION

Through a unique affiliation, The Family Institute is integrally linked with one of the nation's most prestigious institutions of higher learning, Northwestern University. This relationship permits The Family Institute to remain an independent, not-for-profit organization – with its own governance, programmatic and funding autonomy – while benefitting from the academic richness of a major research university. Under the partnership, The Family Institute operates the University's Center for Applied Psychological and Family Studies in cooperation with Northwestern's Graduate School and Office of Research. Graduate education and research activities at the Institute are conducted under the auspices of the Center. The affiliation also provides faculty appointments through Northwestern's Department of Psychology for Family Institute staff members who teach in the two graduate programs.



WHAT WE OFFER

The Family Institute at Northwestern University is deeply committed to our mission of strengthening and healing families from *all* walks of life. We are leading the way in family therapy while setting the standard for innovative research, teaching and care in the field.

DIRECT MENTAL HEALTH SERVICES

- Provided by diverse, nationally-renowned staff
- Committed to ensuring everyone has access to counseling services, regardless of their ability to pay through our sliding-fee scale Bette D. Harris Family and Child Clinic

GRADUATE EDUCATION WITH NORTHWESTERN UNIVERSITY

- Committed to educating and training the next generation of mental health practitioners through our two education programs:
 - Master of Arts in Counseling
 - Master of Science in Marriage and Family Therapy

CLINICAL RESEARCH

- Continued cutting-edge, innovative research projects to help discover how people change in therapy and what therapists do to facilitate that change

POSTGRADUATE AND POSTDOCTORAL FELLOWSHIPS

- Offered to select mental health professionals who have completed Master's or Doctoral degrees

CONTINUING EDUCATION FOR MENTAL HEALTH PROFESSIONALS

- Offered professional education opportunities through workshops, conferences and clinical consultation

WHAT WE BELIEVE

Our core values guide us as we extend our capacity to help greater numbers of people and very diverse families.

- The family is the singular most significant factor influencing human identity.
- Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues, but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.
- Quality mental health care should be available to all who need it, regardless of their financial resources.
- The definition of "family" takes many forms, and is comprised of people joined together by biology, intentionality and/or law.

These beliefs are as relevant today as they were when The Family Institute was founded in 1968. They guide us as we expand our capacity to help greater and more diverse numbers of people.

Greetings. Fiscal Year 2013 was a year of innovation at The Family Institute. New technology, new programs, new directions in our outreach, and a new look and maneuverability to our website all combined to help us *strengthen and heal families from all walks of life through clinical service, education and research.*

During FY13, Institute clinicians provided over 71,000 units of service to over 7,500 different clients (individuals, couples and families). Our new electronic recordkeeping system brought us into the 21st Century. Not only do we now have less paperwork, but we are complying with new federal regulations regarding patient privacy.

We took the initial steps toward accreditation for our newly-renamed Master of Arts in Counseling program, and the Master of Science in Marriage and Family Therapy program graduated its twentieth class.

Work on the STIC® measurement and feedback system continued, and we began our Randomized Clinical Trial, a first step toward determining whether using the STIC improves outcomes, and if so, for whom.

We've grown again in FY13, and now occupy three floors in our Millennium Park location. This expansion illustrates the increasing reach of our work, and provides us additional therapy offices for the ever-growing number of people who seek our services in the Loop.

Through our expanded Circle of Knowledge Series, we worked toward our strategic goal of furthering awareness of our work throughout Chicagoland. We presented our first-ever panel discussion on Chicago's South Side and held our first event in the Western Suburbs.

As always, we acknowledge our generous donors as we continue to innovate and help everyone who comes through our doors, regardless of their ability to pay. Thank you for your continued support and confidence in our mission.



William M. Pinsof, PhD
President



James H. Feldman
Chair, Board of Directors

William M. Pinsof, PhD
President

James H. Feldman
Chair, Board of Directors

BOARD OF DIRECTORS

- | | | |
|------------------------------|------------------------|-----------------------|
| James H. Feldman, Chair | Stuart Handler | Eileen Murphy |
| Leslie M. Barker, Vice-Chair | Paula Harris | Arthur C. Nielsen III |
| Michael J. Anthony | Adam J. Hecktman | William M. Pinsof |
| Diane Carco | Ernest Iannotta | Viviana E. Ploper |
| Julian Coleman | Susan Kennedy-Riechers | Michele Rogers |
| Dan J. Epstein | Edward O. Laumann | Horace E. Smith, II |
| Esther R. Franklin | Robert F. Lipman | Michael Stelmacki |
| John Glier | Holly Madigan | Pamela Szokol |
| Victor E. Grimm | Joan Elisberg Mandel | John L. Ward |
| | Ligia Moreno | |

LIFE TRUSTEES

- Jean Armour
- A. Steven Crown
- Nancy C. Crown
- William C. Ellis
- Betty Epstein
- Eugene Golub
- Mary Gower
- E. Franklin Hirsch
- Paul M. Lurie

WHO WE ARE

+71,000

counseling sessions conducted

+14,000

hours of therapy through the Bette D. Harris Family and Child Clinic

104

neuropsychological assessments

4

primary sites

62

Staff Practice clinicians

25

Affiliated clinicians

1

Psychiatrist

9

Fellows

42

people in Administration

3

people in Institutional Advancement

CLASS OF 2013

44

total graduates

23

in Master of Arts in Counseling

21

in Master of Science in Marriage and Family Therapy

FY13 WEB FACTS

453,780

website pageviews

74,437

website unique visitors

1,400

emails sent in commemoration of Mental Health Month (May 2013)

459

Facebook likes

2,896

Twitter followers

880

LinkedIn followers

SELECTED PRESENTATIONS, PUBLICATIONS AND MEDIA MENTIONS*

SELECTED PRESENTATIONS

Chambers, A. (2013, January). A Contextual Interaction of Sociological, Historical and Interpersonal Constraints Facing Therapists Treating African American and Interracial Couples. Washington, D.C.

Maslar, M. (2013, March). Food, Family and (Dys)Function: Using dialectical behavior therapy to treat eating disorders in Adolescents. Las Vegas, NV.

Pinsof, W. (2012, September). The STIC in Treatment: Empirically informed collaboration. AAMFT Annual Meeting, NC.

Rampage, C. (2012, September). Families and Wealth. The Four Seasons Hotel, Chicago, IL.

Zinbarg, R. (2012, November). New Perspectives on the Integration of Exposure-Based Principles in the Treatment of GAD. Association for Behavioral and Cognitive Therapies Annual Convention, MD.

SELECTED PUBLICATIONS

Knobloch-Fedders, L. M., Critchfield, K. L., Boisson, T., Woods, N., Bitman, R., & Durbin, C. E. (in press). Depression, relationship quality, and couples' demand / withdraw and demand / submit sequential interactions. *Journal of Counseling Psychology*.

Knobloch-Fedders, L. M., Knobloch, L. K., Durbin, C. E., Rosen, A., & Critchfield, K. L. (2013). Comparing the interpersonal behavior of couples with and without depression. *Journal of Clinical Psychology*, 69, 1250-1268.

Pinsof, W. M., Goldsmith, J. Z., & Latta, T. A. (2012). Information technology and feedback research can bridge the scientist-practitioner gap: A couple therapy example. *Couple and Family Psychology: Research and Practice*, 1:4, 253-273.

Sher, T. G., Braun, L. T., Bellg, A., Baucom, D. H., Houle, T., Domas, A., & Tennant, J. (in press). The Partners for Life Program: A couples approach to cardiac risk reduction. *Family Process*.

Vrshek-Schallhorn, S., Doane, L., Mineka, S., Zinbarg, R., Craske, M. & Adam, E. (2013). The cortisol awakening response predicts major depression: Predictive stability and effect of depression history. *Psychological Medicine*, 43, 483-493.

Doane, L. D., Adam, E. K., Mineka, S., Zinbarg, R. E., Craske, M. & Griffith, J. (2013). Are flatter diurnal cortisol rhythms associated with major depression and anxiety disorders in late adolescence? The role of life stress and daily negative emotion. *Development and Psychopathology*, 25, 629-642.

SELECTED MEDIA MENTIONS

Cooper, A. "How helicopter parents can ruin kids' job prospects." CNN.com, July 2013.

Doheny, M. "Money the main reason many Millennials stay put with their parents." Chicago Tribune, August 2013.

Gill, D. "Plan your girls' getaway weekend." Make It Better, February 2013.

Lebow, J. "Cleansing the toxins of divorce." The New York Times, December 2012.

Richardson, R. "Women riding packed 'L' trains assaulted." CBS-2 News, February 2013.

Solomon, A. "Navigating play date with stay-at-home dads." Make it Better, October 2012.

* For a complete list of FY13 presentations, publications or media mentions, please email cschu@family-institute.org.

CLINICAL SERVICE

Excellence ... in compassionate, collaborative care

FY13 Accomplishments

- Conducted 71,000 units of service
- 8.5% increase of services in the staff practice over FY12

2013 was very successful for The Family Institute. Our four locations – Evanston, downtown Chicago, Northbrook and LaGrange Park – continued to be busy with clients and we further expanded our Chicago location to accommodate the increased demand.

STAFF PRACTICE AND AFFILIATED STAFF

The Staff Practice and Affiliated Staff produced over 53,000 units of service.

POSTGRADUATE FELLOWSHIP

The Postgraduate Fellowship program moved from a postgraduate fellowship to a postdoctoral fellowship. The Fellowship program added two clinical program fellows, one working in the Mindfulness and Behavior Therapies program and one in the Anxiety program. The fellows accounted for over 4,000 units of service in 2013.

CLINIC THERAPISTS

Over 80 therapists-in-training from the Marriage and Family Therapy program, the Counseling program and Clinical Psychology residency program conducted over 14,000 units of service in our sliding-fee scale Bette D. Harris Family and Child Clinic.

NICHE PROGRAMS

Neuropsychological Assessment

Neuropsychological Assessment services were expanded to include children as young as three years old and added capacity to assess intellectual impairment in children and adults. Four pre-doctoral students and two staff members participated in the Neuropsychological Assessment Practicum.

Mindfulness and Behavior Therapies (MBT)

The Mindfulness and Behavior Therapies program concluded its study for Alzheimer's patients and their caregivers. Positive outcomes were found on measures of depression and stress for dementia patients and their caregivers, as well as cognitive improvements for the patients.

Child and Adolescent Services

The Child and Adolescent Services program continued to grow in 2013. Two additional clinicians were hired, and two fellows joined the team. The program was able to involve students through a mentorship model to work with staff on cases that are highly complex (e.g., multiple problems and constraints) and have financial need (e.g., unable to afford the level of care needed such as multiple session per week).



EDUCATION

Committed ... to training the next generation of mental health practitioners

Commencement was held in June at Northwestern University's Alice Millar Chapel. Twenty-one Marriage and Family Therapy students and 23 Counseling students graduated.

Board Chair James Feldman delivered the Commencement address. He expressed the importance of mental health in so many areas of life, and the difference the graduating students will make in the lives of many. "As a mental health professional, you have been drawn to this field because of your passion for it. Many of you, like me, have been touched and inspired by personal or family experiences and are now turning adversity into a positive in your life and the lives of others ... you are fortunate that you have found a way to make your passion work to achieve your goals."

MASTER OF ARTS IN COUNSELING

FY13 Accomplishments

- Name officially changed to Master of Arts in Counseling
- First steps taken to become a nationally accredited program

NATIONAL COUNSELOR EXAMINATION

The Counseling program began offering the National Counselor Examination to all students in the program, a first step in the post-graduation licensure process. Of those that chose to take the test, 100% passed.

CLASS OF 2013

The program graduated 23 students in June 2013. Three students went on to doctorate programs.

ADMISSIONS

Twenty-seven students matriculated to comprise the class the 2015. There are 21 females and six males. Of these, 13 are of African American, Hispanic or Asian descent.

MASTER OF SCIENCE IN MARRIAGE AND FAMILY THERAPY

FY13 Accomplishments

- The program graduated its twentieth class
- Doug Breunlin, MSSA, LCSW, LMFT, and Anthony Chambers, PhD, ABPP, named among the Top 99 Professors in their field

MFT MATRICULATION

For the first time in its 20 year history, the Marriage and Family Therapy program had a 100% matriculation rate from accepted students.

CLASS OF 2013

The program graduated 21 students in June 2013. Two students went on to doctorate programs, one entered The Family Institute Fellowship program and 18 sought employment elsewhere.

ADMISSIONS

Twenty-eight students matriculated to comprise the class the 2015. There are 23 females and five males. Of these, five are African American, one is Latina and one is Asian. Their mean GPA is 3.46.



RESEARCH

Innovative ... research and projects

FY13 Accomplishments

- Randomized clinical trial of the Dan J. Epstein Family Foundation Center for Psychotherapy Change Project (the STIC®) began
- Four research grants were funded

In 2013, the Research department mentored over 80 students and worked on 23 separate research projects in addition to the department's major projects (the Psychotherapy Change Project; Enhancing Treatment for Generalized Anxiety Disorder; Interpersonal Content of Depression and Anxiety; Behavioral Medicine Research Lab). Collaborators on the 23 projects included IIT, the University of Utah, UCLA, the University of Chicago, York University, University of Illinois, University of San Diego, Connecticut College and Northwestern University.

Twenty-four manuscripts were published by members of the Research department. In addition, members of the department sat on 15 editorial boards and reviewed over 290 manuscripts for publications.

The STIC® is the first instrument in the field of family therapy for studying how people change over the course of therapy, and the primary research tool of the Dan J. Epstein Family Foundation Center for Psychotherapy Change Project. The STIC employs self-report questionnaires to track client change during therapy as well as an Internet-based system for analyzing the data and providing feedback to the therapist.

STIC® Stats

169 Total number of participating therapists at The Family Institute

73 Total number of participating therapists in the Chicago Consortium*

1,647 Clients at The Family Institute

585 Unique clients in the Chicago Consortium

**Chicago Consortium partners: Community Counseling Centers of Chicago (C4), Catholic Charities of the Archdiocese of Chicago, Jewish Child & Family Services*

ADVANCING THE INSTITUTE

The **Circle of Knowledge Series** is an extension of the Institute's mission to provide the knowledge and care families count on to live healthy lives. Through a series of luncheon lectures and evening programs, the Institute shares information on timely issues that affect us all. In FY13, the Institute expanded the Circle of Knowledge into a series and presented seven talks, reaching more than 1,500 attendees from across the Chicagoland area. Sponsorship support provided the necessary resources for this expansion, availing the Institute of the opportunity to reach new and more demographically and geographically (race, ethnicity, age) diverse communities. Our FY13 sponsors included Arthur and Sheila Nielsen, Sipi Metals Corp., Jenner & Block, Golub & Company, Project Leadership Associates, TLC Management,

AOK Gourmet, First Bank & Trust, McGladrey LLP and Today's Chicago Woman.

The Family Institute underwent a complete **website redesign** as part of a Website 2.0 service grant through the Taproot Foundation. The new site boasts a cleaner design, better organization of pages and enhanced content as well as a tidbits section that highlights Family Institute events and news and a calendar of events on the homepage. As a result, there was a 2.44% increase in pageviews over FY12. Visitors from India, China, United Kingdom, Australia, Philippines and South Korea increased an average of 37% over FY12. There was also an increase in visitors from Yelp (361%), Google+ (400%) and Tumblr (300%).

THE FAMILY INSTITUTE AT NORTHWESTERN UNIVERSITY

FINANCIAL STATEMENTS FOR FISCAL YEARS 2013 & 2012

The Family Institute is audited annually by an independent certified public accounting firm.
A copy of the audited financial statements is available upon request.

Statement of Financial Position as of August 31

ASSETS

Cash and Cash Equivalents	\$ 538,434	\$ 529,098
Accounts Receivable and Prepaid Expenses	445,066	315,309
Investments (at market)	8,769,262	8,384,372
Other Assets	595	3,858
Pledges Receivable	499,309	739,480
Property and Equipment, Net	3,672,776	3,908,925
Total Assets	<u>\$ 13,925,442</u>	<u>\$ 13,881,042</u>

LIABILITIES AND NET ASSETS

Liabilities

Liabilities	<u>\$ 1,508,348</u>	<u>\$ 1,358,145</u>
Total Liabilities	<u>\$ 1,508,348</u>	<u>\$ 1,358,145</u>

Net Assets

Unrestricted	2,991,045	2,824,557
Temporarily Restricted	2,312,141	2,584,432
Permanently Restricted	7,113,908	7,113,908
Total Net Assets	<u>12,417,094</u>	<u>12,522,897</u>
Total Liabilities and Net Assets	<u>\$ 13,925,442</u>	<u>\$ 13,881,042</u>

Statement of Activities for the Years Ended August 31

SUPPORT AND REVENUES

Contributions and Grants	\$ 1,173,626	\$ 1,262,524
Program Services	10,767,359	9,971,966
Investment Income	360,146	337,346
Total Support and Revenues	<u>\$ 12,301,131</u>	<u>\$ 11,571,836</u>

EXPENSES

Program

Education	2,541,817	2,285,971
Clinical Services	7,507,675	7,423,461
Research	1,101,593	1,148,481
Total Program Expenses	<u>\$ 11,151,085</u>	<u>\$ 10,857,913</u>

Supporting Services

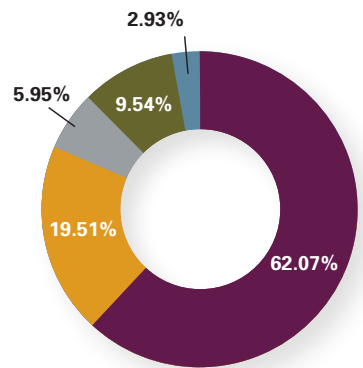
Management and General	1,202,740	1,260,477
Fundraising and Public Relations	497,803	488,446
Total Supporting Services Expenses	<u>\$ 1,700,543</u>	<u>\$ 1,748,923</u>
Total Expenses	<u>\$ 12,851,628</u>	<u>\$ 12,606,836</u>

Increase (Decrease) Before Nonbudgetary Items	(550,497)	(1,035,000)
Unrealized Gain (Loss)	444,694	(35,978)
Increase (Decrease) in Net Assets	(105,803)	(1,070,978)
Net Assets at Beginning of Year	12,522,897	13,593,875
Net Assets at End of Year	<u>\$ 12,417,094</u>	<u>\$ 12,522,897</u>

Operating Revenue by Source Fiscal Year 2013

Clinical Practice	\$7,636,680	62.07%
Tuition	2,399,366	19.51%
Clinic and Other Program Revenue	731,313	5.95%
Gifts and Grants	1,173,626	9.54%
Investment Income and Other	360,146	2.93%
Total	\$12,301,131	100.00%

Operating Revenue by Source

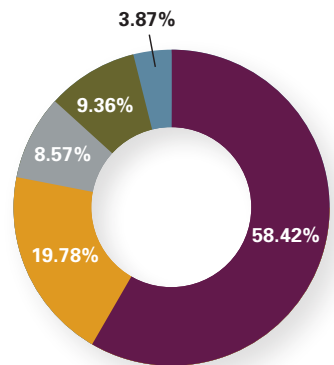


- Clinical Practice
- Tuition
- Clinic and Other Program
- Gifts and Grants
- Investment Income

Operating Expense by Use Fiscal Year 2013

Clinical Programs	\$7,507,675	58.42%
Education	2,541,817	19.78%
Research	1,101,593	8.57%
Management	1,202,740	9.36%
Fundraising/Communications	497,803	3.87%
Total	\$12,851,628	100.00%

Operating Expense by Use



- Clinical Programs
- Education
- Research
- Management
- Fundraising/Communications

CIRCLE OF SUPPORT



We are extremely grateful to the many individuals, families, foundations, corporations, and organizations who so generously supported a specific program, research or the general operating fund. The following is a list of those who made gifts to The Family Institute between September 1, 2012 and August 31, 2013.

\$100,000 and above*

The Chicago Community Trust
 Dan J. Epstein/Dan J. Epstein Family Foundation
 Harris Family Foundation
 Dr. and Mrs. Joseph Szokol
 Ms. Kathy Harris
 Dr. and Mrs. Ronald Paul and Family
 Mr. and Mrs. King Harris
 Mr. and Mrs. William Friend
 Mr. and Mrs. John Harris
 Mr. and Mrs. Scott Friend
 Mr. Arthur C. Nielsen, Jr. (*deceased*)

\$50,000 to \$99,999*

Randy L. and Melvin R. Berlin
 Irving Harris Foundation
 Dr. and Mrs. Arthur C. Nielsen III

\$25,000 to \$49,999*

Anonymous
 Mr. Howard B. Bernick
 The Crown and Kunkler Families
 Mr. and Mrs. Eugene Golub
 Golub Family Foundation
 Hanna & Eugene Golub and Family
 Sandy & Lee Golub and Family
 Paula & David Harris and Family
 Sheila & Michael Newman and Family
 The Kovler Family
 Holly and John Madigan

\$10,000 to \$24,999*

Anonymous
 Aileen S. Andrew Foundation
 Ms. Marion Cameron
 Mr. and Mrs. James H. Feldman
 Mr. Christopher B. Galvin
 Mrs. Robert W. Galvin
 Golub & Company LLC
 Paula and David Harris
 Mr. Richard Seidel
 Sipi Metals Corp.

\$5,000 to \$9,999*

Anonymous
 Francis Beidler Foundation
 Dr. Scholl Foundation
 Mr. John J. Glier/ Grenzebach Glier & Associates
 Howard and Jackie Shapiro Foundation
 Mr. and Mrs. Ernest Iannotta
 Jenner & Block LLP
 Judy and Jim Klutznick
 Karen* and Ron Krefman
 Ms. Renée Logan
 Ms. Kay Pitman
 Project Leadership Associates
 Cynthia Reusche
 TLC Management Co.
 Deborah* and Ethan Youderian

\$2,500 to \$4,999*

Anonymous (2)
 Mrs. T. Stanton Armour
 Mr. and Mrs. William G. Barker III
 Mr. and Mrs. David J. Bradford
 Kathleen Grady* and Victor Grimm
 Mrs. Anne Kaplan
 Lynn and Bob Lipman
 Mr. and Mrs. Leslie S. Pinsof
 Mr. and Mrs. Patrick G. Ryan
 Mr. Andrew Valentine
 Jesse Viner, MD
 Ms. Pamela Phillips Weston and Mr. Roger Weston

\$1,000 to \$2,499*

Mr. and Mrs. James R. Anixter
 Mr. and Mrs. Stephen W. Baird
 Mr. and Mrs. William Bennison
 Berger Schatz
 Jacquie and Roy Berlin
 Mr. and Mrs. Francis J. Bomher
 Mr. and Mrs. Laurence Booth
 Ms. Patricia Fernandez and Mr. Guillermo Bublik
 Ms. Diane Carco

Mr. Myron M. Cherry
 Karen R. Crotty,* MSW, ACSW
 Ms. Raye-Ann deRegnier
 Mr. and Mrs. James W. DeYoung
 Mr. and Mrs. Craig J. Duchossois
 The Durning Family
 Mrs. Roger Eklund
 Ms. Joan Elisberg Mandel and Mr. Richard Mandel
 EngagementHealth
 First Bank & Trust Company
 Mr. and Mrs. James S. Frank
 Ms. Esther Franklin
 Ms. Kate Friedlob
 Mr. and Mrs. Lawrence E. Gilford
 Sandy and Lee Golub
 Mary Gower
 Ms. Deborah Gross
 Mr. and Mrs. Adam Hecktman
 Ms. Holly Hunt
 Ms. Ellen Morris and Mr. Ted Jadwin
 Mr. and Mrs. Frank S. Karger, Jr.
 Mr. and Mrs. Lester Knight
 Anne E. and Edward O. Laumann
 Ms. Benita Levy
 Bridget J. Levy,* MA, LPC
 Lipman Hearne, Inc.
 Margaret and Paul Lurie
 The Malkin Families
 McGladrey LLP
 Mr. and Mrs. Richard Melman
 Mental Health and Addiction Network
 Mr. Ralph Muller
 Mr. and Mrs. Michael E. Murphy
 Ms. Joanne R. Nemerovski
 Sheila and Michael Newman
 Northwestern University
 Viviana E. Ploper,* MA, LCPC
 Cheryl Rampage, PhD and Larry La Boda
 Michele Rogers, MBA

* Donors who made a gift of \$1,000 or more are members of the President's Circle.



Buzz Ruttenberg
 Mr. Barry A. Schatz
 Carla and Richard Seidel
 Ms. Michelle Seitz
 Mr. Ralph Senst and Ms. Karen Zelden
 Bev S. Hayford
 Margaret Silberman,* PhD
 Starcom MediaVest Group
 Mr. Michael Stelmacki
 Mr. and Mrs. Michael Supera
 Mr. and Mrs. Philip Thomas
 Mr. Scott Turow
 Mr. and Mrs. David Uihlein
 Urban Real Estate Research, Inc.
 Dr. and Mrs. Michael Vender
 Gail and John Ward
 Mrs. Irving Wein
 Mr. and Mrs. Richard Weinberg
 Mr. and Mrs. Jeffrey Wellek

\$500 to \$999

Anonymous (3)
 Mrs. Marilyn B. Alsdorf
 Lynn* and Joel Altschul
 Mr. and Mrs. Adam Aron
 Lynn Bae
 John H. Bitner and Family
 Adriene Booth
 Mr. and Mrs. Walter Burke
 Mr. and Mrs. Scott L. Byron
 Mr. and Mrs. Greg Case
 Kirsten J. Chadwick,* PhD and
 Marc J. Zwilling
 Judy Crivolio and Gus Crivolio, PhD
 Mr. and Mrs. Richard R. Donnelley III
 Mr. and Mrs. John Ferguson
 Mr. and Mrs. William Foote
 Jean Goldsmith, PhD
 Ms. Rita Golub
 W.W. Grainger, Inc.
 Ms. Betsy Gutstein
 Mr. and Mrs. Edgar D. Jannotta, Sr.
 Gail Epstein Kovler
 Mr. and Mrs. Glenn Lefkowitz
 Mr. and Mrs. Frederick C. Lowinger
 Market Strategy Group, LLC
 Mr. and Mrs. David A. McGranahan

Nancy and Robert Moss and Family
 Mr. and Mrs. Michael Murray
 Barbara A. Noonan,* MAAT, LCPC
 Mr. and Mrs. Stewart Pinsof
 The Rotter Family
 Ms. Nancy S. Searle
 Dr. and Mrs. Louis Stern
 Ella and Richard Strubel
 Ms. Elaine G. Thomas
 Suzy Thompson
 Mr. Richard C. Tuttle
 Dr. and Mrs. Jeffery Vender
 Vista National Insurance Group
 Mr. and Mrs. Scott Witten

\$250 to \$499

Anonymous (2)
 Ms. Sheila O'Brien and
 Mr. Wayne Andersen
 Heather Bates,* LMFT
 Linda G. Bell*
 Mr. and Mrs. Philip D. Block III
 Dr. and Mrs. Michael Blum
 Mr. and Mrs. Joshua Buchman
 Mr. William R. Bush
 Drs. LaRoyce and Minnie Chambers
 Susan A. Lee and Solomon Cytrynbaum
 Lynn Straus and Muller Davis
 Mr. and Mrs. William Dutton
 Mr. and Mrs. Stephen J. Eisen
 Mr. and Mrs. Edmund Eisenberg
 Gary J. Friend,* DPM, LPC
 Mrs. Mark A. Fuller III
 Ms. Pamela Gingold
 Mr. and Mrs. Charles Gofen
 Mr. Stuart Gordon
 Mr. and Mrs. Robert J. Greenebaum
 Ms. Nancy Gidwitz and
 Mr. Jeffrey Grossman
 Meredith and Roger Harris
 Mr. E. Franklin Hirsch
 Mr. and Mrs. Richard Hoffman
 Dr. Lauren D. Holinger
 Mr. and Mrs. Joel Honigberg
 Mr. and Mrs. Wade Judge
 Mr. and Mrs. Jack Karp
 Dr. Colman and Julie Kraff

PRESIDENT'S CIRCLE

Members of The Family Institute's President's Circle — business and civic leaders, alumni, grateful patients and employees — form an elite group of philanthropic leaders. Through their generosity, they provide the resources that enable the Institute to deliver high quality, innovative care to all individuals and families. President Circle members receive periodic updates on Institute initiatives and exclusive invitations to educational and social events.

Mr. and Mrs. Gilbert K. Krulee
 Mr. and Mrs. Kenneth Lehman
 Mr. and Mrs. Scott Lennox
 Mr. and Mrs. Thomas Leo*
 Barbara and David Linville
 Mrs. Francis Little
 Ms. Linda Lozier
 Liju Mathew
 Ms. Lynn Mense
 Mr. Richard Mesirov
 Margie Morrison, LCSW
 Mr. and Mrs. Arthur Murphy
 Mr. and Mrs. Chris Murphy
 Mr. and Mrs. Andy Newman
 Hon. Julia Nowicki
 Ms. Kathy Odendahl
 Ms. Karen Otto
 Dr. Natalia Pascal* and
 Dr. Ronald Ganellen
 Mr. and Mrs. Jack Pope
 Christopher Randolph, PhD
 Mrs. Alice Rapoport and
 Mr. Michael Sachs
 Mr. and Mrs. James Reed III
 Mr. and Mrs. James T. Reid
 Ms. Karen Reyhan-Mandell
 Susan Kennedy-Riechers and
 Joel R. Riechers
 Dr. and Mrs. David Roadhouse
 The Robbins Family



Mr. and Mrs. Richard A. Samuels
Mr. John B. Simon
Mr. and Mrs. John R. Siragusa
Sklare Family Foundation
Ms. Laura K. Smith
Mr. and Mrs. John B. Snyder
Mrs. Nancy Spring
Mr. and Mrs. David Stone
Mr. James L. Thompson
Beatrice and Charles Tier
Mr. and Mrs. Richard Tinberg
Mrs. Anne Becker Wierbicki and
Mr. Paul Wierbicki
Janice Witzel,* PhD, LCPC
Mr. and Mrs. James Woldenberg
Steven Zuckerman,* PhD, LMFT and
Paula Gorlitz

\$100 to \$249

Anonymous (2)
Richard and Kathleen Adler
Clare and John Ardizzzone, PhD
Mr. and Mrs. Michael Arkes
Drs. Michele and DeWitt Baldwin
Ms. Ellyn Bank
Mr. Peter Barack
Mr. William G. Barker, Jr.
Mr. and Mrs. Scott Bates
Ms. Lisa D. Benedetto
Dana Bennison,* MA, LCPC
Mr. and Mrs. Charles W. Benton
Ms. Debbie Berman
Mr. and Mrs. Edward Berman
Penny B. Block, PhD and
Keith I. Block, MD
Mrs. Carolyn Bolton
Mr. and Mrs. Darryl Bradford
Ms. Polly Breen
Mr. and Mrs. Galen D. Burghardt, Jr.
Mr. and Mrs. Daniel Burrell
Mr. and Mrs. Richard Chesley
Mr. Steve Ciolino
Ms. Anita Clemons
Mr. and Mrs. Arthur Cohen
Mr. and Mrs. Dana Connell
Paula Cormalleth,* PsyD
Ms. Joann Dardick
Mr. and Mrs. Bob Dearborn

Mr. and Mrs. Andrew Denenberg
Ms. Diane Dere
Mr. and Mrs. Byram E. Dickes
Mr. and Mrs. Craig Dickinson
Mr. and Mrs. Thomas Donohoe
Mr. Robert Downs
Mr. and Mrs. William Doyle
John R. Durburg,* MD
Mr. and Mrs. Dave Eaton
Ms. Emilie Egan
Mr. and Mrs. Sidney Epstein
Jane and Jim Esser
Mr. and Mrs. Jamey Fadim
Mr. and Mrs. Henry Feldman
Susie and Marty Fine
Ms. Linda S. Fisher
Mr. Dan Fitzgerald
Mr. Charles Fleck
Ms. Tricia Fox and
Mr. Stephen Eisenberg
Mrs. Chris Frailey
Sari Gluckin and Lance Friedmann
Dr. Kathleen Galvin* and
Dr. Charles Wilkinson*
Mr. Michael Gantt and
Mr. Kerri Baker
Dr. and Mrs. John P. Gerber
Mr. and Mrs. Richard Glabman
Mr. and Mrs. David Glickstein
Mr. and Mrs. William Gofen
Mr. and Mrs. Al Golin
Ms. Caralyn Graham and
Mr. Sasha von Varga
Dr. and Mrs. Jack Graller*
The Grasso Family
Mr. and Mrs. Lewis Greenblatt
Dr. and Mrs. Roy R. Grinker, Jr.
Mr. Thomas A. Hafke
Mr. Anthony Halpin
Ms. Cherissa Hammond
Mr. and Mrs. Brian Hickey
Ms. Louise Hillegass
Mr. Joel Hirsch
Ms. Angela Hoover
Mr. and Mrs. Don Hunt
Carol A. Jabs-Schectman,* PhD, LMFT
Mr. Michael C. Jackson
John Jacob, PhD

Mr. and Mrs. Jack Jacobson
Dr. Eleanor Smith and
Dr. Charles Jaffe
Olivia Jewett,* MSMFT
Ann O. Johnson,* LCPC, LMFT
Ms. Carey Johnson
Mr. and Mrs. Brian Josephs
Ikar J. Kalogjera,* MD, SC
Mr. and Mrs. Bill Killam
Ms. Kathleen Kirn
Ms. Jill Weinberg and
Mr. Bernard Kramer
Ms. Naomi Krefman
Ms. Paula Kelly Krupka
Mr. Scott La Boda
Ms. Cassandra Lambert
Mr. and Mrs. Marc Landsberg
Bob Langewisch,* MA
Victoria Lasser,* PhD
Adele Leight,* MS, LMFT
Dr. and Mrs. Alan Lerner
Mr. and Mrs. Jess Levine
Janet D. London,* MSSW, LCSW
Ms. Marybeth Lore and
Mr. Joe Hummel
Vivian Loseth,* MSW, LCSW
Ms. Andrea Mandel
Mr. and Mrs. Jim Mann
Mr. and Mrs. Theodore B. Martin, Jr.
Mr. and Mrs. Seth Mason
Ms. Ellen McGann
Mr. and Mrs. Brad McLane
Mr. and Mrs. Mark Melio
Carol V. Middelberg,* PhD
Ms. Suzanne Morgan
Ms. Portia Morrison
Mr. and Mrs. William Murray
Mr. John Musolino
Mr. and Mrs. Scott Myers
Mr. and Mrs. Jim Mynhier
Mr. Mark Nahin
Mr. and Mrs. Walter Nathan
Mr. and Mrs. Herb Nechin
Terry Newman
Mr. Thomas B. Nielsen
Mr. Kenneth Norgan
Mrs. Norman Olson
Mr. Lawrence Ordower



Ms. Damaris Ortiz
 Ms. Suzy Parks
 Mrs. Patricia G. Pell
 Ms. Rachel Barton Pine and
 Mr. Gregory Pine
 Dr. and Mrs. William Pinsof
 Ms. Marsha S. Pinson
 Ms. Rima Ports
 Ms. Annie Raupp
 Mr. Matthew Renaud
 Mr. and Mrs. Donald I. Resnick
 Ms. Julie Rocap
 Sandra D. Ronan,* MA, LCSW
 Sheri Ross, MD
 Anne E. Rossen,* MA, LCPC
 Linda Rubinowitz,* PhD
 Dr. and Mrs. Myron E. Rubnitz
 Mally and Alan Rutkoff and Family
 Ms. Wendy Saal
 Nick and Ellen Sack
 Mr. and Mrs. Steven Scheyer
 Maggie and Eric Scheyer
 Karen M. Schneider, MSW
 Mr. and Mrs. Paul Schrage
 Susan and Charles Schwartz
 Ms. Pamela Schwarzkopf
 Mr. and Mrs. Ralph Segall
 Mr. and Mrs. Neal Seltzer
 Mr. F. Sheppard Shanley
 Dr. and Mrs.* James A. Shapiro
 Hon. Karen Shields
 Mr. Kevin R. Sido
 Mr. and Mrs. Michael L. Sklar
 Mr. Charles Sklarsky
 Mr. and Mrs. Lawrence Snider
 Mr. and Mrs. Harlan F. Stanley
 Mrs. Darla Stelmacki
 Deborah H. Stern,* PsyD
 Liz Stiffel
 Ms. Maureen A. Stimming*
 Mr. and Mrs. Mike Suerth
 Drs. Alana Baum and Michael Tansey
 The Tenbrink Family
 Ms. Wendy Vishny*
 Mr. and Mrs. Patrick Wallace
 Mr. and Mrs. Kevin D. Walters
 Mr. and Mrs. Edward Weil, Jr.
 Mr. and Mrs. David B. Weinberg

Mr. and Mrs. Raymond Wilson
 Susan E. Wolfe,* LCSW, LMFT
 Ms. Sharon Zulkie

GIFTS IN-KIND FY2013

Alison G. Hirshorn
 Sandy Spatz /Step-by-Step-by Sandy
 Ellen Steindler/Cakes by Ellen
 Warehouse Direct Workplace Solutions

TRIBUTE GIFTS FY2013

In Memory of Julie Baer
 In Honor of Donna Baptiste, EdD
 In Honor of Leslie Barker
 In Memory of Cabaron Guadalupe
 Kalogjera Biserva
 In Honor of Jan Bomher
 In Memory of Alma Carter and
 Walter Brooks III
 In Memory of Agnes M. Casey
 In Honor of the Cattouse-Phillips
 Family
 In Honor of Baby Chambers
 In Honor of Laura Chernaik, LMFT
 In Memory of Irving and
 Frances Cherry
 In Honor of Laurie Conroy
 In Honor of Aaron Cooper, PhD
 In Memory of Joseph Cytrynbaum
 In Honor of Madeleine deRegnier
 In Honor of Dan J. Epstein
 In Memory of Nancy Epstein
 In Memory of My Father
 In Honor of James H. Feldman
 In Honor of James and Sheila Feldman
 In Memory of John Flanzer
 In Honor of Gene Golub
 In Honor of Paula Harris
 In Honor of Paula and David Harris
 and Family
 In Honor of E. Franklin Hirsch
 In Memory of Laura J. Johnson
 In Memory of Charles H. Kramer, MD
 In Honor of Karen Krefman, LMFT
 In Honor of Robert F. Lipman
 In Memory of Phillip Fabregat
 MacKune
 In Honor of Holly Madigan
 In Honor of Dorothy Travis Moore

In Honor of Rebecca Nichols
 In Honor of Dr. Arthur C. Nielsen III
 In Memory of Heather Noonan
 In Honor of Suzan Pinsof
 In Honor of William M. Pinsof,
 PhD, LMFT, ABPP
 In Honor of Cheryl Rampage, PhD
 In Honor of Dr. Kevin and
 Colleen Salvino
 In Honor of Lydia Schroeder
 In Honor of
 Tamara Goldman Sher, PhD
 In Honor of Michael Stelmacki
 In Memory of Suzanne M. Stelmacki
 In Honor of Pam Szokol
 In Honor of Deborah E. Youderian,
 LCSW, LMFT

**CIRCLE OF KNOWLEDGE
 SERIES SPONSORS FY2013**
 Arthur and Sheila Nielsen
 Sipi Metals Corp.
 Jenner & Block LLP
 Golub & Company LLC
 Project Leadership Associates
 TLC Management Co.
 First Bank & Trust
 AOK Gourmet
 McGladrey LLP
 Today's Chicago Woman

** We are pleased to recognize those donors who are alumni of our various programs. These individuals have graduated or have a certificate from one of The Family Institute's professional training/ education programs, including those conducted at The Family Institute of Chicago, the Center for Family Studies (Northwestern Memorial Hospital), the School of Education & Social Policy's Counseling PhD or MA program (Northwestern University), and the Center for Applied Psychological and Family Studies (Northwestern University).*

Every effort is made to provide accurate information. If your name or gift has been listed incorrectly or inadvertently omitted, please call 312-609-5300, ext. 480, so we may correctly acknowledge your support in the future.



William M. Pinsof,
PhD, LMFT, ABPP



Cheryl Rampage, PhD



Karen Krefman,
MSMFT, LMFT



Michael Gantt



Reginald Richardson,
PhD, LCSW



Tamara Goldman Sher,
PhD

FAMILY INSTITUTE

(September 1, 2012 - August 31, 2013)

STAFF OFFICERS

William M. Pinsof, PhD, LMFT, ABPP

*President, The Family Institute
at Northwestern University
Director, The Center for Applied
Psychological and Family Studies*

Cheryl Rampage, PhD

*Executive Vice President, The Family
Institute at Northwestern University*

Karen Krefman, MSMFT, LMFT

*Senior Vice President for Strategy
and Advancement, The Family
Institute at Northwestern University*

Michael Gantt

*Vice President for Finance and
Administration, The Family Institute
at Northwestern University*

Reginald Richardson, PhD, LCSW

*Vice President for Evaluation and
Clinical Services, The Family Institute
at Northwestern University*

Tamara Goldman Sher, PhD

*Vice President for Research,
The Family Institute at
Northwestern University*

Angeline Heisler, MM

*Senior Vice President for Finance
and Administration, Emeritus
The Family Institute at Northwestern
University*

*Associate Director for Finance
and Administration, Emeritus,
The Center for Applied Psychological
and Family Studies*

**STAFF PRACTICE
PSYCHOTHERAPISTS**

- Caroline Adelman, PhD
- John Ardizzone, PhD
- Donna Baptiste, EdD
- Danielle Black, PhD
- Leah Brennan, LMFT, CADC
- Douglas C. Breunlin,
MSSA, LCSW, LMFT
- Nancy Burgoyne, PhD, LCP
- Anthony Chambers, PhD
- Beth Chung, MSMFT
- Simona Cirio, LMFT, MSMFT◇
- Aaron Cooper, PhD
- Barbara Danis, PhD◇
- Jessica Davis, MSW, LCSW◇
- James DelGenio, LCPC
- Mary Doheny, PhD
- Timothy Dwyer, PhD
- Marnie Ehrenberg, LPC
- Marina Eovaldi, PhD, LMFT
- Maureen Ford, PhD
- Greg B.A. Friedman, PhD
- Kathleen Gettelfinger, LMFT
- Dan Gill, MSMFT, LCPC
- Francesca G. Giordano, PhD
- Shayna Goldstein, MSMFT, LMFT
- Lisa Gordon, PhD
- Carl Hampton, MSW, LCSW
- Heidi J. Hayden, MA, LCPC
- Jaime Henry-Juravic, LMFT
- Edye Berkun Kamensky,
EdM, MA, LCPC
- Gretchen King, MS, LMFT
- Jayne Kinsman, LMFT
- Lynne Knobloch-Fedders, PhD
- Karen Krefman, MSMFT, LMFT
- Jay Lebow, PhD, LMFT, ABPP
- Nikki Lively, MA, LCSW
- Michael Maslar, PsyD
- Jennifer McComb, PhD, LMFT
- William Pinsof, PhD, ABPP, LMFT
- Rachel S. Port, PsyD
- Cheryl Rampage, PhD
- Reginald C. Richardson, PhD, LCSW
- Chaaeze Roberts, MSMFT
- Mallory Rose, LMFT
- Linda R. Rubinowitz, PhD, LMFT
- William P. Russell, MSW, LCSW, LMFT
- Samantha Schulze, PsyD◇
- Lesley Seeger, LCSW
- Constance Sheehan, LCSW

- Tamara Goldman Sher, PhD
- Jeffrey Sieracki, PhD◇
- Karen Skerrett, PhD
- Hollie Sobel, PhD
- Alexandra H. Solomon, PhD
- Lori Tall, PsyD
- David E. Taussig, MSW, LCSW, LMFT
- Jean Terrien, JD, MS, LPC
- Maru Torres-Gregory, JD, MS, LMF
- Amy C. Wagner, PhD, LMFT
- Laura Wrzesinski, AMFT
- Cynthia Yesko, MA, LCPC
- Paula R. Young, PhD
- Richard E. Zinbarg, PhD

AFFILIATED STAFF

- Heather Bates, LMFT
- Jeremy Bloomfield, PsyD
- Jodi Smith Cohen, LMFT
- Mary Cooley, MSMFT, LMFT
- Sylvia Corcoran, LCSW, CADC, MCEd
- Rita Quinn Dominguez, MSW, LCSW
- Carol M. Donnelly, PhD
- Catherine Foy, MSW, LCSW, LMFT
- Paulette Freed, LCSW
- Michelle Gavin, MD
- Rhonda Goldman, PhD
- James R. Harris, PsyD
- Jaime Henry-Juravic, LMFT◆
- Josh Hetherington, LMFT, LCPC◇
- Carol Jabs, PhD, LCSW, LMFT◇
- David Klown, LMFT
- Isabella Marchi, MED, MSED
- Lawrence Maucieri, PhD
- Paula Pohlhammer, MSMFT, LCPC
- Sharon Risch, PhD
- Leah Smethurst, MSMFT, LMFT
- Autumn Starks, LCSW
- Gwenn Waldman, MA, ATR-BC, LCPC
- Julia Wall, MSW, LCSW
- Leigh Weisz, PsyD

NON-CLINICAL STAFF

- Emily Bettin
- Karl Brunner
- JoAnn Casey
- Kristen Catuara
- Samantha Clark
- Julie Chang◇
- Jessica Covellia
- Eduardo Cristiano

- Frances Davis◇
- Elyse Doll
- Michelle Factor
- Amy Freed
- Michael Gantt
- Kalisa Golden
- Tania Gordon◇
- Karol Grotkowski
- Erin Hageman◇
- Angeline Heisler◇
- Rosemary Hickman
- Deirdre Hicks
- Te'ara Hicks
- Richard Hollingsworth
- Laura Joseph
- Kim Kardon
- Janice Lackey◇
- Tara Latta
- Daniel Mayberry
- Kathleen McGloin
- James Popoca
- Melissa Roberts
- Chris Ruehman◇
- Nida Siddiqui
- Danny Silbert
- Noel Slesinger
- Angela Smith
- Erin Staab◇
- Zoraida Torres
- Yadira Wardlow
- Lisa Webb
- Damita Wilson
- Velvet Woods
- Felicia Young

ADVANCEMENT STAFF

- Tamara Reed Tran
- Cyndi Schu
- Michelle Weil

**POSTGRADUATE
FELLOWS**

- Brittney Bolden, MSMFT
- Catherine Buckley, PhD
- Kathleen Gettelfinger, LMFT◆
- Jacob Goldsmith, PhD
- Jonathon Lee, PhD◇
- Linda Michaels, PsyD◇
- Michelle Gossett, MSMFT, AMFT*
- Ashley Seewald, MA
- Jennifer Welbel, MA*

LICENSURE AND CERTIFICATION KEY

ABPP	Diplomate, American Board of Professional Psychology
AMFT	Associate Marriage and Family Therapist
ATR-BC	Art Therapy Registration, Board Certified
CADC	Certified Alcohol and Drug Counselor
EdM	Master of Education
JD	Juris Doctor
LPC	Licensed Professional Counselor
LCPC	Licensed Clinical Professional Counselor
LCSW	Licensed Clinical Social Worker
LMFT	Licensed Marriage and Family Therapist
MM	Master of Management
MSEd	Master of Science in Education
MSSA	Master of Science in Social Administration
MSW	Master of Social Work
MSMFT	Master of Science in Marriage and Family Therapy
PsyD	Doctoral degree in Psychology



The Family Institute, a not-for-profit and tax-exempt organization as defined under section 501(c)(3) of the Internal Revenue Code, is an independent affiliate of Northwestern University and is responsible for its own funding and governance.

Gifts to The Family Institute may include cash, securities and life insurance. The Institute is also grateful for bequests, trusts and other deferred giving vehicles, which are made in consultation with the donor's personal attorney or tax advisor. For more information about giving opportunities at The Family Institute, please contact the Director of Development at 312-609-5300, ext. 484.

The Institute will mail communications and marketing materials to our audience. In no way is list data used in any way to identify individuals or the nature of any relationship with the Institute. Further, the Institute, by policy, does not trade, share or publish mailing lists or audience data except for lists of philanthropic supporters and event attendees.

To join the mailing list and receive updates and further information on events and happenings at The Family Institute, please email mweil@family-institute.org.

Photos courtesy of Andrew Campbell Photography, Matthew Kaplan Photography and Beth Rooney Photography.

This report, published in April 2014, covers financial activities of The Family Institute at Northwestern University during its fiscal year 2013 (September 1, 2012-August 31, 2013).



THE FAMILY INSTITUTE
at Northwestern University

Public Affairs Department
8 South Michigan Avenue, Suite 500
Chicago, IL 60603

**BETTE D. HARRIS
CENTER**

Headquarters

618 Library Place
Evanston, IL 60201
847-733-4300

CHICAGO

8 South Michigan Avenue
Suite 500
Chicago, IL 60603
312-609-5300

LAGRANGE PARK

335 North LaGrange Road
LaGrange Park, IL 60525
847-733-4300

NORTHBROOK

666 Dundee, Suite 1501
Northbrook, IL 60062
847-733-4300

The Family Institute, an affiliate of Northwestern University, is a unique, innovative not-for-profit organization, governed by its own independent Board of Directors and responsible for its own funding. We offer a sliding-fee scale clinic and staff practice at each of our four locations: Evanston, Chicago, Northbrook and LaGrange Park. For more information, please call 847-733-4300 or visit our website, www.family-institute.org.

