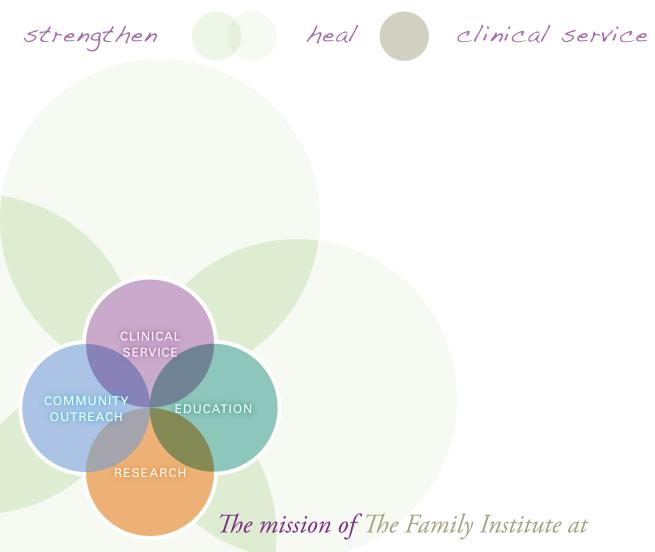
THE Family INSTITUTE AT NORTHWESTERN UNIVERSITY

2007 Annual Report

Knowledge and caring families count on.



Northwestern University is to strengthen and heal families from all walks of life through clinical service, community outreach, education and research.



education

research

Dear Friends,

The Family Institute at Northwestern University is the premier provider of cutting-edge, family-oriented mental health services in the Chicago metropolitan area.

Fiscal year 2007 represented many changes and accomplishments for The Family Institute. We updated our mission statement to reconfirm our commitment of reaching out to people who would normally never access our services. It now reads:

The mission of The Family Institute at Northwestern University is to strengthen and heal families from all walks of life through clinical service, community outreach, education and research.

2007 was an exciting year of growth and expansion for us.

- We expanded our downtown location with additional office space for clinical staff and our advancement/external relations team.
- A psychological assessment program was established, deepening our dedication to understanding children and adults in the context of their families.
- We saw yet another increase in cases and clients, and conducted 50,000 treatment sessions.
- Hours of service to children and families in underserved and under-resourced communities through our Community Outreach program increased as we expanded our services in the Logan Square, Bronzeville, Evanston and Cabrini Green neighborhoods.

Our research team continues to thrive. Thanks to a major gift from the A.C. Nielsen family, our STIC^{*} (Systemic Therapy Inventory of Change) norming project is complete. These data will allow us to rapidly determine the unique problem areas with each case and to evaluate progress in those areas over the course of therapy. We continued research on anxiety, depression and marriage. The results of these studies will not only help us but the wider fields of family psychology and family therapy as well.

Education remains a core pillar of our mission. We are fortunate to teach some of the brightest therapists of tomorrow. In June 2007, we graduated 40 new therapists from our two Master's programs with Northwestern University in Marital and Family Therapy and Counseling Psychology, and were honored to have Scott Turow speak at our Commencement.





William M. Pinsof, PhD President

Robert F. Lipman Chair, Board of Directors

We have started to systematically work toward our Board-approved strategic plan, looking to expand our reach throughout the world of psychotherapy, making The Family Institute the premier institution for the best family-oriented mental health care.

We again relied heavily on philanthropic support from our friends, alumni, foundations and corporations, allowing us to make significant progress toward our ambitious goals.

Thank you to the alumni for their ongoing support of The Family Institute. You carry forward into the profession our dedication to strengthen and heal families.

Thank you to our Board of Directors. Your support and encouragement move us to strive to be our best. Welcome to our new members. With your leadership, we look to the future and see nothing but endless possibilities. 2007 marked our strongest Board year yet.

Thank you to all our donors for your commitment to The Family Institute. We could not do our work without you.

Next year, The Family Institute turns 40. We are poised to celebrate this momentous occasion with all of our friends.

Bill Puns Broblipma

William M. Pinsof, PhD Ro President Ch

Robert F. Lipman Chair, Board of Directors



innovation

What we offer

Direct Mental Health Services

- Nationally-renowned Staff Practice
- Sliding-fee scale offers high-quality mental health care to all who need it
- Community Outreach brings high-quality mental health care to underserved, under-resourced neighborhoods

Graduate Education with Northwestern University

- Master of Arts in Counseling Psychology
- Master of Science in Marital and Family Therapy

Clinical Research

The Family Institute conducts important research in affiliation with Northwestern University that leads to a better understanding of mental health issues and improved treatments.

What we believe

Our core values guide us as we extend our capacity to help greater numbers of people and an enormous diversity of families.

- The family is the singular most significant factor influencing human identity.
- Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.

Northwestern University Affiliation

Through a unique affiliation, The Family Institute is integrally linked with one of the nation's most prestigious institutions of higher learning, Northwestern University. This relationship permits The Family Institute to remain an independent, not-for-profit organization — with its own governance, programmatic and funding autonomy — while benefitting from the academic richness of a major research university. Under the partnership, The Family Institute operates the University's Center for Applied Psychological and Family Studies in cooperation with Northwestern's Graduate School and Office of Research. Graduate education and research activities at The Family Institute are conducted under the auspices of the Center. The affiliation also provides faculty appointments, through Northwestern's Department of Psychology, for Family Institute staff members who teach in the two graduate programs.

Postgraduate Fellowships

Clinical and research fellowships for mental health professionals who have completed Master's or Doctoral degrees are conducted at The Family Institute.

Doctoral-Level Students & Psychiatry Residents Clinical Training

The Family Institute is a training site for clinical psychology doctoral students studying at Northwestern University's Department of Psychology and for psychiatry residents enrolled in Northwestern University's Feinberg School of Medicine.

Continuing Education for Mental Health Professionals

The Family Institute offers continuing professional education annually through workshops, seminars, conferences and clinical consultation.

- High-quality mental health care should be available to all who need it, regardless of their financial resources.
- The definition of "family" takes many forms, and is not limited by the boundaries of biology and marriage.

Who we are

Conducted 50,000 sessions

More than 9,000 hours of therapy through the Bette D. Harris Clinic

More than 7,000 hours of service to clients in underserved and underresourced communities through our Community Outreach program

600 participants in our Community Outreach program

263 people attended our Circle of Knowledge events in FY2007

100% retention rate of clinical/ community/education staff

Our alumni

We have 1,688 alumni from various programs, which include:

- PhD or MA in Counseling Psychology at Northwestern University
- MS in Marital and Family Therapy at Northwestern University
- Postgraduate Training at The Family Institute
- Postgraduate Fellowship at The Family Institute
- Clinical Practicum at The Family Institute
- Chemical Dependency Training at The Family Institute

Alumni are located not only throughout the U.S. but also across the world:

• Alumni in 40 states, including ME, VT, NH, MA, RI, CT, DE, NY, NJ, PA, MD, OH, VA, NC, SC, GA, TN, FL, LA, KY, SD, ND, KS, OK, MN, MO, IL, IA, IN, MI, WI, AZ, CO, TX, NM, CA, MT, NV, OR, WA

> • International: Puerto Rico, Canada, Mexico, Africa, the West Indies, Italy, Greece

5 primary sites

advancement

5 community sites

🗩 staff in institutional

community/education

30 affiliate clinicians

4 psychiatrists

6 fellows

Outreach

22 staff in administration

43 staff in clinical service/

31 clinicians in Community

39 clinicians in education

Class of 2007

40 graduates

18 in Master of Arts in Counseling Psychology

22 in Master of Science in Marital and Family Therapy

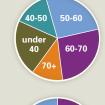
Website facts



Professional settings vary, including community service centers, renowned teaching hospitals, major corporations and private practice.

Age ranges as follows: 147 - 70+ age group 328 - 60-70 age group 315 - 50-60 age group 172 - 40-50 age group 265 under 40

Gender split:



male

The Family Institute: A Mental Health Leader and Innovator

Since its founding in 1968, The Family Institute has been a pioneer in developing programs and services that embody its mission: *To strengthen and heal families from all walks of life through clinical service, community outreach, education and research.*

3

904 Female 752 Male

Clinical Service

Growth in Clinical Service occurred in both the clinic, where there was an increase of six student therapists over last year, and in the staff practice, where we added eight new clinicians, five affiliates and two new consulting psychiatrists.

Through an extensive Clinical Service marketing endeavor, we achieved a 12% increase in staff volume of cases and a 7% increase in clinic volume of cases over 2006, with a 45% increase among fellows and 30% for affiliates. In addition, intake (where all cases begin) handled an increased volume and met the challenge of conducting all intakes within 24 hours.

The Clinical Records Audit Task Force has completed implementation of the chart audit process and legal/clinical review of all clinical, chart and intake forms.

Clinical Service also standardized and revised emergency on-call procedures while updating clinical policies and procedures.

Community Outreach

Launched in 1989, Community Outreach offers familyoriented psychotherapy to clients who face financial and geographic barriers to receiving services. Funded by gifts from foundations, businesses and individual donors, this program helps families use their strengths to cope with challenging life experiences, emotional and behavioral difficulties, as well as economic and social obstacles. In 2006, we provided more than 7,000 hours of service to more than 600 participants across our 13 community sites.

Community Outreach Sites CHICAGO

Jenner Academy of the Arts (Cabrini Green/ West Town neighborhood)

Walter Payton College Preparatory High School (Cabrini Green/West Town neighborhood)

Funston Elementary School (Logan Square neighborhood)* Monroe Elementary School (Logan Square neighborhood)* Beethoven Elementary School (Bronzeville neighborhood)



EVANSTON

Family Focus Our Place & Weissbourd-Holmes Center Evanston Township High School Chute Middle School Haven Middle School Kingsley Elementary School Nichols Middle School Oakton Elementary School Latino Outreach at The Family Institute*

Community Outreach Foundation and Corporate Donors

Aileen S. Andrew Foundation Arie and Ida Crown Memorial Circle of Service Foundation Francis Beidler Foundation Lloyd A. Fry Foundation Patrick and Anna M. Cudahy Fund Polk Bros. Foundation W.P. & H.B. White Foundation

*Bilingual Spanish/English services at these sites

Education

One hundred and five students were involved in our two Master's programs in FY2007, in addition to six post-graduate fellows, eight psychiatry residents and ten PhD candidates from Northwestern University's Clinical Psychology Program.

Master of Science in Marital and Family Therapy CLASS OF 2007

The class of 2007 graduated with a 100% completion rate. Three graduates indicated their intentions to enter doctoral programs. One was accepted to Purdue's MFT doctoral program and one was accepted into The Family Institute's post-graduate fellow program.

ADMISSIONS

The incoming class of 2009 includes 22 new students and one returning from a leave of absence. Seventeen of these students are from out-of-state. Their qualifications are solid, with the mean GRE score a 1110 and the overall GPA a 3.5. They range in age from 22 to 50, with the median age 28.

CURRICULUM

The MSMFT curriculum was updated to include the addition of Community Programs and the first year Internship as credit unit bearing/tuition carrying (they were previously zero-credit).

FACULTY

Timothy Dwyer, PhD, finished his first full academic year as the first McCormick Tribune Foundation Chair and new MSMFT Education Director, signaling the successful transition of leadership for the MFT program. In addition to Dr. Dwyer's dedication to The Family Institute, he also serves on the Board of Directors for the American Association for Marriage and Family Therapy (AAMFT).

Master of Arts in Counseling Psychology CLASS OF 2007

The class of 2007 graduated with a 100% completion rate. Two graduates are currently in a doctoral program, one is in medical school and one is doing mission work in Africa. The rest of the graduates work at various clinical sites.

commitment

ADMISSIONS

The class of 2009 includes 23 students, 19 of which are from out-of-state, five are international students and one Native American. Eight of these students are entering their second careers.

CURRICULUM

All zero credit courses were converted to one credit. As a result of this conversion, the number of required credit units increased to 24, putting us in full compliance with Illinois and most state Counselor licensing statutes.

Psychiatric Residency

The Psychiatry Residents from Northwestern Medical School have completed three rotations with The Family Institute and saw clients in the downtown office.

Postgraduate Fellows

Our fellows increased in visibility around The Family Institute, in addition to deepening their sense of community in several ways.



Research

Our path-breaking STIC[®] (Systemic Therapy Inventory of Change) research continued, which will allow us to track changes over the course of therapy. In addition, our data collection for the National Opinion Research Center at the University of Chicago (NORC) project was completed, giving us a set of national norms for the instrument. We have a total of over 1,300 NORC STIC[®]s.

In terms of the STIC^{*} clinical, we saw 155 new cases and a total of 2,278 intersessions. This is an increase from FY2006, where we saw 143 new cases and a total of 1,586 intersessions.

We have collaborated with The Family Institute at Pinole, Calif., as an additional data collection site for the STIC.[®] This organization primarily sees children and families, two populations we have struggled to get, filling an important void for the STIC[®] project. Thus far, they have a total of 6 new cases and 14 intersessions.

We have furthered our STIC^{*} collaboration with Purdue University by creating a unique space on our website for their cases. They have a total of 16 new cases and 106 intersessions.

Refinement/Projects/Papers Submitted

Our research group wrote 18 journal articles and seven book chapters during FY2007.

- Two members were published this year: Jay Lebow, PhD, wrote "Research for the Psychotherapist: From Science to Practice" and Rick Zinbarg, PhD, was first author on the new edition of "Therapist's Guide for the Mastery of Your Anxiety and Worry Program."
- The "Here's the STIC" paper, which will introduce the STIC" to the psychotherapy research world, is complete and was submitted. The co-authors are: William Pinsof, PhD, Jay Lebow, PhD, Rick Zinbarg, PhD, Lynne Knobloch-Fedders, PhD, Anthony Chambers, PhD and Eli Karam, PhD.
- Anthony Chambers, PhD, submitted a manuscript titled, "Relationship functioning during the transition to fatherhood," and is awaiting feedback from the journal.

Noteworthy Changes

• Anthony Chambers, PhD, completed his 2-year Morgan Clinical Research Postdoctoral Fellowship and was hired as a full-time staff member and Research Program Coordinator.

• Lynne Knobloch-Fedders, PhD, is the new Assistant Director of Research.

 Rick Zinbarg, PhD, became the new Director of Clinical Training for the Psychology Department, strengthening The Family Institute's critical link with the Psychology Department.

• Danielle Black, PhD, joined us as the new Madigan Family Postdoctoral Fellow.

Niche Program

ASSESSMENT SERVICES

Initiated in September 2006, the mission of the assessment program is to establish ongoing services in psychological and neuropsychological testing. Its purpose is to highlight how cognitive and neurological functioning affects learning, memory, behavior or mood, and to make recommendations to the therapist, individual and/or parents and school to aid in treatment or in learning.

Alumni

The Alumni Association promotes the intellectual enrichment and professional growth of The Family Institute alumni though educational and social services. We had quite a busy year, continuing existing programs and adding new ones.

Service to the Alumni

In April, we hosted our annual social networking event at BIN 36 in Chicago. More than 50 alumni, faculty and supervisors attended and had the chance to catch up with old friends and network with other alumni, while enjoying an evening of wine and cheese. We also held a raffle to raise money for the Alumni Scholarship Fund. The event raised almost 40% more than last year, and the winners walked away with some great prizes.

Service to the Students

We continued the Marital and Family Therapy and Counseling Psychology Alumni Mentor Programs, in which alumni offer their time and expertise to the students who are approaching graduation. Alumni connect with students as a guide for job searching, career paths and professional development.

In addition, the Alumni Association hosted a Career Guidance Night for Marital and Family Therapy graduate students to learn more about the various career tracks that are available to them. A variety of alumni shared their experiences at various stages in their careers.

Service to The Family Institute

The Alumni Association played a large role in raising money for scholarship funds. For the first time, The Family Institute participated in Bloomingdale's annual Shopping Benefit event. Alumni assisted in the buying and selling of tickets for the event. The money raised was donated to the scholarship fund for deserving students pursuing a Master's degree at The Family Institute. The Alumni Association membership includes anyone who has completed any of the following programs:

- PhD or Master of Arts in Counseling Psychology from Northwestern University
- Master of Science in Marital and Family Therapy from Northwestern University
- Postgraduate Training Program at The Family Institute
- Postgraduate Fellowship at The Family Institute
- Clinical Practicum at The Family Institute
- Chemical Dependency Training at The Family Institute

Alumni Advisory Board (as of August 2007)

Janice Witzel, *PhD, Chair* Jean Garrity Arnold, *MSMFT* Linda Honsa, *MS, LMFT* Anita Landau Hurtig, *PhD* Karen Robson Jacobson, *MA, LCPC, LMFT* Nancy Jensen, *PhD* Ellen Lonnquist, *MS, LMFT* Viviana Ploper, *MA, LCPC* Carol Ryan, *JD, MSMFT, MSOD* Sandra Small, *MA, LCPC* Melody Charles VanDerWerff, *MA*

Suzanne Puntillo, Director of Development



The Family Institute at Northwestern University Financial Statements for Fiscal Years 2007 & 2006

The Family Institute is audited annually by the independent certified public accounting firm of McGladrey & Pullen, LLP. A copy of the audited financial statements is available upon request.

Statement of Financial Position as of August 31	2007	2006
ASSETS		
Cash and Cash Equivalents	\$ 231,792	\$ 142,603
Accounts Receivable and Prepaid Expenses	219,732	346,805
Investments (at market)	7,843,957	6,360,461
Other Assets	40,178	30,065
Pledges Receivable	1,672,577	2,567,053
Property and Equipment, Net	3,751,468	3,860,376
Total Assets	\$ 13,759,704	\$ 13,307,363
LIABILITIES AND NET ASSETS		
Liabilities		
Current Liabilities	 413,256	573,042
Total Liabilities	\$ 413,256	\$ 573,042
Net Assets		
Unrestricted	4,841,482	4,416,123
Temporarily Restricted	1,631,263	1,498,282
Permanently Restricted	 6,873,703	6,819,916
Total Net Assets	 13,346,448	12,734,321
Total Liabilities and Net Assets	\$ 13,759,704	\$ 13,307,363
Statement of Activities for the Years Ended August 31 SUPPORT AND REVENUES	2007	2006
Contributions	\$ 858,958	\$ 2,085,729
Program Services	6,245,562	5,805,828
Investment Income	 236,978	204,243
Total Support and Revenues	\$ 7,341,498	\$ 8,095,800
EXPENSES		
Program Education	1,998,203	1,805,509
Clinical Services	4,130,573	3,819,394
Research	452,326	226,839
Total Program Expenses	\$ 6,581,102	\$ 5,851,742
Supporting Services		
Management and General	688,057	698,789
Fundraising and Public Relations	 480,030	405,123
Total Supporting Services Expenses	\$ 1,168,087	\$ 1,103,912
Total Expenses	\$ 7,749,189	\$ 6,955,654
Increase (Decrease) Before Nonbudgetary Items	(407,691)	1,140,146
Unrealized Gain (Loss)	1,019,818	502,615
Increase (Decrease) in Net Assets	612,127	1,642,761
Net Assets at Beginning of Year	12,734,321	11,091,560
Net Assets at End of Year	\$ 13,346,448	\$ 12,734,321

Operating Revenue by So	ource (Cash Basis)	
Fees and Contracts	\$4,461,732	61.14%
Tuition	1,483,763	20.33%
Gifts and Grants	1,154,119	15.82%
Investments	197,474	2.71%
Total	\$7,297,088	100.00%

 OPERATING REVENUE BY SOURCE

 61.14%
 (CASH BASIS)

 20.33%
 2.71%

 2.71%
 2.71%



Operating Expense by Use Fiscal Year 2007

Clinical Programs	\$4,130,573
Education	1,998,203
Research	452,326
Management	688,057
Fundraising/Communications	480,030
Total	\$7,749,189

53.30% 25.79% 5.84% 8.88% 6.19%

100.00%





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Contributors

Thank you! The Family Institute thanks all of our donors for generously supporting our mission to strengthen and heal families.

Gifts and grants allow The Family Institute to provide mental health services to those with limited financial resources through our Community Outreach program and the Bette D. Harris Family and Child Clinic. Nearly one-third of all clinical care is provided free of charge or at reduced fees. Contributions also help support our specialized programs, scholarships, fellows and research projects.

We are pleased to recognize those donors who contributed \$250 or more during fiscal year 2007 (September 1, 2006-August 31, 2007).

Every effort has been made to provide accurate information. If your name or gift has been listed incorrectly or inadvertently omitted, please contact the Advancement Department at 312-609-5300, ext. 484 so we may correctly acknowledge your support in the future.



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Viviana E. Ploper, MA, LCPC

educate

Selected Presentations, Publications and Media Mentions*

Selected presentations

Adler, J.M. & McAdams, D.P. (June 2007). The narrative reconstruction of psychotherapy and psychological functioning. Paper presented at the Annual Meeting of the Society for Psychotherapy Research (SPR), Madison, WI.

Adler, J.M. (January 2007). My therapy and me: Individual differences in the narration of psychotherapy relate to wellbeing and ego development. Paper presented at the Annual Meeting of the Society for Personality and Social Psychology (SPSP), Memphis, TN.

Adler, J.M., Wagner, J.W., & McAdams, D.P. (January 2007). Personality and the Coherence of Psychotherapy Narratives. Poster presented at the Annual Meeting of the Association for Research in Personality (ARP), Memphis, TN.

Black, D., Adler, J.M., & Zinbarg, R. (June 2007). A qualitative analysis of non-hostile criticism between generalized anxiety disorder patients and their partners. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Black, D., Adler, J.M., Baker, J., Uliaszek, A., & Zinbarg, R. (June 2007). A qualitative analysis of partner's non-hostile criticism of patients with Generalized Anxiety Disorder. (As part of the symposium: Predictors of outcome of psychotherapy for Generalized Anxiety Disorder, Richard E. Zinbarg, chair) Paper presented at the Annual Meeting of the Society for Psychotherapy Research (SPR), Madison, WI.

Chambers, A. & Lebow, J. (June 2007). Measuring early change in treatment of family, couple, and individual therapy with the STIC.[®] Society for Psychotherapy Research Conference, Madison, WI.

Hill, G. (March 2007). Adolescent conduct disorder and trauma. Mercy Home for Boys and Girls.

Knobloch-Fedders, L. (June 2007). The application of interpersonal theory to conjoint therapy. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Knobloch-Fedders, L. & Rosen, A. (June 2007). Assessing the association between interpersonal behavior, relationship distress, and depression in couples. Society for Psychotherapy Research Annual Meeting, Madison, WI. Pinsof, W.M. (June 2007). Tracking change in family, couple and individual therapy with the STIC.[®] Panelist: New Developments in effectiveness research and empirically-based psychotherapy management. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Pinsof, W.M., Lebow, J., & Chambers, A. (June 2007). Psychotherapy courses in patient focused research: Which way do our patients follow? Panel Moderator. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Pinsof, W.M. (March 2007) Integrative problem centered therapy for couples. Institute for Psychoanalysis, Chicago, IL.

Pinsof, W.M. (November 2006). The language of relationships: Using computational linguistics to study couples and couple therapy. Discussant. Association for Behavioral & Cognitive Therapies Symposium, Chicago, IL.

Pinsof, W.M. (November 2006). Infidelity: A postmodern systemic perspective. Clinical update for practitioners. The Family Institute, Evanston, IL.

Pinsof, W.M. (October 2006). Nature versus nurture: Do parents make a difference? Circle of Knowledge lecture, Chicago, IL.

Pinsof, W.M. (October 2006). Transforming conflict and building love: Integrative problem-centered couples therapy. Association of Family Therapists of Northern California, 43rd Annual Conference, Sonoma, CA.

Rampage, C. (October 2006). Emotional intimacy roadblocks: Signs and solutions. Circle of Knowledge lecture, Chicago, IL.

Richardson, R. (October 2006). The psychological impact on love and relationships. Womancare Conference, Disorder of Love, Chicago, IL.

Richardson, R., Solomon, A. Hill, G., & Friedman, G. (June 2007). Someone you love has mental illness. Naomi Ruth Cohen Charitable Foundation, Chicago, IL.

Rosen, A. & Knobloch-Fedders, L. (June 2007). Depression and relationship distress in couples: Associations with interpersonal behavior at pretreatment. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Saigal, S., Shafir, D., Knobloch-Fedders, L., & Durbin, E. (June 2007). Therapeutic alliance as a predictor of treatment outcome in couple therapy. Society for Psychotherapy Research Annual Meeting, Madison, WI. Zinbarg, R., Eun Lee, J., & Lira Yoon, K. (June 2007). Pre-treatment dyadic predictors of outcome in cognitivebehavioral therapy for generalized anxiety disorder: A "spoonful of sugar" and a dose of non-hostile criticism may help. Society for Psychotherapy Research Annual Meeting, Madison, WI.

Selected paper presentations and symposiums

Chambers, A. (August 2007). Early Career Clinical Science. A National Institutes of Mental Health invited symposium presentation for the Society of Clinical Science at the 2007 Annual Conference for the American Psychological Association.

Durbin, C.E. (March 2007). Temperamental emotionality and risk for mood disorders. Paper presented at the 2007 biennial meeting of the Society for Research in Child Development, Boston, MA.

Knobloch-Fedders, L. (October 2006). Treatment of depression in the context of relationship distress: Interpersonal predictors of psychotherapy process and outcome. Paper presented at the North American Society for Psychotherapy Research Conference, Burr Oak, OH.

Saigal, S.D., Shafir, D.M., Durbin, C.E., & Mendelsohn, K.A. (October 2006). Does the association between marital conflict and liability for child psychopathology still hold after accounting for parental personality? Poster presented at the 21st annual meeting of the Society for Research in Psychopathology, San Diego, CA.

Zinbarg, R. (November 2006). Advances in the assessment of anxiety. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapy, Chicago, IL.

Selected publications

The following papers have either been accepted for publication, are in press or have been published.

Adler, J.M., Wagner, J.W., & McAdams, D.P. (in press). Personality and the coherence of psychotherapy narratives. *Journal of Research in Personality*.

Adler, J.M. & McAdams, D.P. (2007). Telling stories about therapy: Ego development, well-being, and the therapeutic relationship. *The Meaning of Others: Narrative Studies of Relationships*, 213-236.

Chambers, A. & Lebow, J. (accepted for publication). Common and unique factors in Assessing African American couples. In L.L. Abate (Ed.) Toward a Science of Clinical Psychology: Laboratory Evaluations and Interventions. New York: Nova Science Publishers, Inc. Chambers, A. (accepted for publication). Premarital counseling with middle class African Americans: The forgotten group. In M. Rastogi and V. Thomas (Eds.) *Couples Therapy with Ethnic Minorities.* Sage Publications.

Baity, M.R., Siefert, C.J., Chambers, A., & Blais, M.A. (2007). Deceptiveness on the PAI: A Study of Naïve Faking with Psychiatric Inpatients. *Journal of Personality Assessment 88(1)*.

Chambers, A., Schmidt, K.M., & Wilson, M.N. (2006). Describing differences among a sample of low-income fathers: A glimpse into their romantic relationships. *Psychology of Men and Masculinity 7(3)* 144-152.

Durbin, C.E. & Shafir, D. (in press). Emotion and emotion regulation in child and adolescent depression. To appear in *Depression in Children and Adolescents*.

Lebow, J.L., McCrady, B., & Haaga, D.J. (2006). Integrative principles for treating substance use disorders. *Journal of Clinical Psychology, 62*.

Lebow, J.L. (2006). Foreword. In E. Molinari, A. Compare, & G. Parati, *Clinical Psychology and Heart Disease (vi-viii)*. Milan, Italy: Springer.

Pinsof, W.M., Knobloch-Fedders, L., & Mann, B.J. (2007). Therapeutic alliance and treatment progress in couple therapy. *Journal of Marital & Family Therapy 33*, 2, 245-257.

Yoon, L. & Zinbarg, R. (2007). Threat is in the eye of the beholder: Social anxiety and the interpretation of neutral facial expressions. *Behaviour Research & Therapy*, *45*, 839-847.

Zinbarg, R., Craske, M., & Barlow, D.H. (2006). *Therapist's Guide for the Mastery of Your Anxiety and Worry Program.* (2nd Edition). New York, NY: Oxford University Press.

Zinbarg, R., Lee, J.E., & Yoon, L. (2007). Dyadic predictors of outcome in a cognitive-behavioral program for patients with generalized anxiety disorder in committed relationships: A "Spoonful of Sugar" and a Dose of Non-Hostile Criticism May Help. *Behaviour Research and Therapy*, *45*, 699-713.

Zinbarg, R. & Mineka, S. (2007). Emotion Regulation: Useful construct that adds to the explanatory power of learning models of anxiety disorders or a new label for old constructs? *American Psychologist*, *62*, 259-261.

*This is a selection of presentations, publications and media mentions conducted throughout FY07. For a complete list, please contact the Advancement Department at 312-609-5300.

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expertise

Selected Media Mentions

CHICAGO SUN-TIMES

Wagner, A. "Kiddies in the middle." December 2006.

CHICAGO TRIBUNE

Klow, D. "Popping the question as everybody watches." January 2007.

Rubinowitz, L. "Taking care of elderly parent no simple process." September 2006.

Zinbarg, R. "Collapse fuels bridge phobias." August 2007.

CRAIN'S CHICAGO BUSINESS

Breunlin, D. "The hot button of housing." April 2007. Hampton, C. "Big decisions bring conflicts to light." April 2007.

Krefman, K. "The breakup session." January 2007.

INTERNATIONAL HERALD TRIBUNE

Lebow, J. "Technology brings snooping close to home." September 2006.

MEN'S HEALTH MAGAZINE

Taussig, D. "Divorce involving paternity issues." 2007. Lebow, J. "A new path to change." January 2007.

NBC NEWS

Nielsen, A. "Is Cupid – or Darwin – responsible for attracation?" February 2007.

NBC NIGHTLY NEWS

Pinsof, W.M. "Making marriage work from a distance." March 2007.

NEW YORK TIMES

Lebow, J. "Can this marriage be saved?" August 2007. McAdams, D. "This is your life (and how you tell it)."

May 2007.

Nicholson, M. "And for my princess, a pedicure." February 2007.

Pinsof, W.M. "Getting involved: To the barricades, oldsters of the republic." April 2007.

PIONEER PRESS

Kinsman, J. "Slow down and enjoy the holidays." November 2006.

"Holiday reflections." December 2006.

Knobloch-Fedders, L. "Ways to make gatherings work." November 2006.

"Reunited." November 2006.

Solomon, A. "Empty nesters: The early years." September 2006.

"Empty nesters: The later years." October 2006.

RED EYE (CHICAGO TRIBUNE)

Lebow, J. "Marriage by the numbers." December 2006. "Unwedded bliss." December 2006. Solomon, A. " Don't let family frazzle you over the holidays." December 2006.

WVON - JESSE JACKSON SHOW

Chambers, A. "Fathers." June 2007. Richardson, R. "The crisis of black boys." April 2007.

WVON - SANTITA JACKSON SHOW

Chambers, A. "Divorce, step-parents, parenting." October 2006.

"Mother-son relationships." January 2007.

"Is it ever OK to spy on your significant other?" March 2007. "Difference between marriage and a wedding." May 2007. Hampton, C. "Teaching sportsmanship." November 2006.

Hetherington, J. "Marrying the right person for you, matchmaking and conflict in marriage." November 2006. Nicholson, M. "Married women who choose to stay home with their children." December 2006.

Richardson, R. "How celebrity behavior influences children." December 2006.

"Healthy relationships from the male point of view." July 2007.

Solomon, A. "Breastfeeding in public." November 2006.

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ATR-BC	Art Therapy Registration, Board Certified
CADC	Certified Alcohol and Drug Counselor
CSADC	Certified Supervisor Alcohol and Other
	Drug Abuse Counselor
EdM	Master in Education
JD	Juris Doctor
LCPC	Licensed Clinical Professional Counselor
LCSW	Licensed Clinical Social Worker
LMFT	Licensed Marriage and Family Therapist
LSW	Licensed Social Worker
MBA	Master of Business Administration
MM	Master of Management
MSEd	Master of Science in Education
MSSA	Master of Science in Social Administration
MSW	Master of Social Work
MSMFT	Master of Science in Marital and Family Therapy
PsyD	Doctoral degree in Psychology

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This report, published in the fall of 2008, covers financial activities of The Family Institute during its fiscal year 2007 (September 1, 2006-August 31, 2007).

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founded in 1968, is the premier organization dedicated to couple and family therapy, community outreach, education and research. In addition to our community sites, we have four staff practice locations, including Evanston, Chicago, LaGrange Park and Northbrook. For more information on our staff practice, please call 847-733-4300 or visit our website at www.family-institute.org.

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